

# URJAVYA FOUNDATION

## ANNUAL REPORT

**F.Y. 2020-21**



**Phone:** +91 074831 18485

**Email:** [urjavyafoundation@gmail.com](mailto:urjavyafoundation@gmail.com)

**Facebook:** <https://www.facebook.com/UrjavyaFoundation/>

**LinkedIn:** <https://www.linkedin.com/company/urjavya-foundation/>

136 A,

Kalikapur, Jharkhand – 832102

KSDB Quarters, Kaveri Layout, 1, KSRP Campus,  
Amrita Nagar, Choodasandra, Bengaluru, Karnataka – 560035

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## INTRODUCTION

Urjavya Foundation derives its name from the Sanskrit term ‘Urjavya’, which means to empower. It is an NGO that aims to develop sustainable communities by providing support to the underprivileged sector that strives hard for a livelihood. Headquartered in Kalikapur, Jharkhand, India, within a few months of its birth, it encompasses more than a hundred households across the country in its goals.

Determined to work towards Sustainable Development Goals laid down by the United Nations, today, Urjavya stands at a junction where it has already garnered praise from various government bodies for its transparent and exemplary work in serving society.

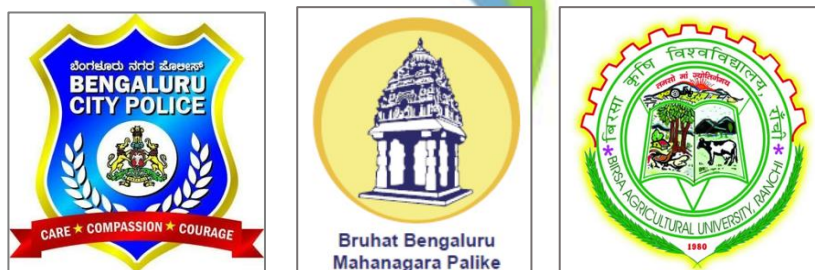


Urjavya Foundation was thus established in November 2020 and incorporated in 2021. Founded by Mr. Kaushik Bhakat, and co-founded by Ms. Priyambada Sahoo and Ms. Swarnashree Kundapur, the vision behind Urjavya Foundation is to establish an organization which works at the grassroots level in the one of the most challenging parts of the country – rural communities. Urjavya Foundation is built on the framework of ensuring transparency through means of good governance, development and holistic welfare for the larger community.

Livelihood is one of the toughest yet most rewarding areas for any organization to focus on. It is a domain that requires a longitudinal or long-term commitment to

working with the beneficiary community. It also involves understanding the demography of the community to provide them with the aid that is apt for them, keeping in mind the availability of local resources and the other conditions. Once the livelihood of the community in an area is efficiently addressed, the focus on solving other issues often requires little tedious effort. Urjavya Foundation continues to stay empowered in this path, lighting more lamps of sustainability in their stride with the multitude of projects we have under our wings.

## OUR COLLABORATIONS



## COVID-19 Kudlu Relief Campaign

October 15, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### PARTNER ORGANIZATION

Chilume Social Service Society, Lingarajapuram, Bengaluru – 560084.  
Website: <https://chilume.1ngo.in/>.

### BENEFICIARIES

Members of the Kudlu community in Bengaluru.

The nationwide pandemic lockdown in India was originally exercised by the central government from 24 March 2020 to 16 April 2020, for a period of 21 days. As this period gradually became extended in many states and was exercised across the nation in some form or another till at least 15 June 2021, the question of welfare of underprivileged communities soon came into question. The lockdown came as a halt on many communities wherein people were having difficulties making ends meet due to being unable to sustain themselves. Though the PM Cares Fund and other initiatives at the Centre were exercised, there was a strong need for grassroots – level organization and intervention to help the communities in crisis.



*Urjavya Founder Mr. Kaushik Bhakat distributing health packages among the Kudlu dwellers*

In this situation, the team of volunteers at Urjavya Foundation proactively contributed towards the people of the Kudlu community near the Haralur area of Bangalore. In associated with Chilume Social Service Society, the members of Kudlu community were provided with food and ration packets that contained basic consumables like rice, dal, oil, wheat etc. Additionally, they were also provided with basic healthcare necessities for protection during the pandemic, such as sanitizers, handwashes, disinfectants and masks.



*Mr. Kaushik Bhakat with families of the Kudlu community in their slum, and with the children in a nearby supermarket*

The volunteer team at Urjavya Foundation also took the initiative to record the KYC details of the beneficiaries in the Kudlu community, so that they could be registered under the central Government schemes and avail benefits.



*Mr. Kaushik Bhakat and Urjavya volunteers distributing meals to children and women in the Kudlu community*



*Mr. Kaushik Bhakat and volunteers distributing ration packages to children and women in the Kudlu community.*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0VBV6AogM2MaeAfq qVAEDgsK92Za5qM8yH3w7Ux1Rat4DKw5T2kaT5wahE2BhNtDq1?\\_cft\\_\[0\]=AZU H3oleBwpl15jpoZuJxnMRH6Xj9zzAWLxlDINGUierPfD9PF19Tm5gNhAuen1-gOYm1ZK1ba2Z\\_8MqAcDOIQDFEbVg3FJoIhGufMvbtnWfbQNh4mykozstBly61ue F1HS-cuYtb\\_QkwsLnBljsCuSZIVPrw9MVwy0oBoMKSneKfPiltFqk7rd7RLCLKg-V6gU&\\_tn=%20CO%20CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0VBV6AogM2MaeAfq qVAEDgsK92Za5qM8yH3w7Ux1Rat4DKw5T2kaT5wahE2BhNtDq1?_cft_[0]=AZU H3oleBwpl15jpoZuJxnMRH6Xj9zzAWLxlDINGUierPfD9PF19Tm5gNhAuen1-gOYm1ZK1ba2Z_8MqAcDOIQDFEbVg3FJoIhGufMvbtnWfbQNh4mykozstBly61ue F1HS-cuYtb_QkwsLnBljsCuSZIVPrw9MVwy0oBoMKSneKfPiltFqk7rd7RLCLKg-V6gU&_tn=%20CO%20CP-R)

## COVID Warriors: Supporting Bengaluru Police

October 18, 2020

### LOCATION

Deputy Commissioner Of Police (Bengaluru City)  
Infantry Road, Vasanth Nagar,  
Bengaluru, Karnataka – 560051.

### PARTNER ORGANIZATIONS

IDOBRO Impact Solutions  
121, East-West Industrial Estate, Andheri - Kurla Road,  
Andheri East, Mumbai, Maharashtra – 400072  
Website: <https://www.idobro.com/>.

Glenmark Pharmaceuticals  
Website: <https://glenmarkpharma.com/>.

### BENEFICIARIES

Bengaluru City Police personnel, including traffic police personnel.

In a complex and geographically spacious city like Bengaluru, policing is an extremely complex and intricate job. During the pandemic, maintaining proper protocol and exercising decorum across the city was a tedious task that the Bengaluru City Police were entrusted with. This involved long hours of patrolling and monitoring that exposed the officials to the COVID-19 virus and to other pathogens that affect their ability to perform their duties efficiently. The fulfilment of such duties is thus incomplete and not possible without the active support and proactive adherence from the citizens.

To recognise the tremendous work done by the 'COVID Warriors', of whom the front line police officers are a large component, Urjavya Foundation volunteers officially handed over 33 cartons of safety powders to the Deputy Commissioner of Bengaluru City Police, Ms. Isha Pant. This collaboration was also done in association with IDOBRO. These packets were a donation made possible courtesy of Glenmark Pharmaceuticals.



*Urjavya founder Mr. Kaushik Bhakat and volunteers photographed with Deputy Commissioner Ms. Isha Pant, and other police personnel*

These packets are planned to be distributed amongst the Police personnel of the city, including the Traffic police officials deployed at various locations in Bengaluru, in order to help them deal with sweat related issues. Urjavya Foundation thanks its volunteers and Bengaluru City Police for the smooth conduction of this initiative.

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## Transgender Community Ration Distribution Program

October 28, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### BENEFICIARIES

Transgender community of Bengaluru.

The pandemic has been disastrous to multiple sectors of society, but it has been doubly difficult for members who are already ostracised and stigmatized in society. The members of the transgender community of Bengaluru depend on in-person interaction for their sustenance and are barely making enough for basic needs.

Urjavya Foundation took up this issue in October 2020 and endeavoured to reach out to the transgender community in Bengaluru to help them with procuring enough food and resources to sustain themselves. The volunteers at Urjavya donated grocery kits containing dal, rice, wheat, vegetable oil, and other cooking substances. These were distributed to around 60 members of the community in the city.



*Members of the transgender community pictured with the grocery kits brought in by Urjavya Foundation volunteers*

Additionally, these kits also consisted of disinfectants and cleaners to help the community members combat the rising COVID-19 cases in the city and maintain a hygienic and disinfected living environment.



*Urjavya Foundation founder Mr. Kaushik Bhakat with members of the community*

Documentation during the pandemic is especially important for disadvantaged communities so that they can come under the government radar and receive some aid that may help in their upliftment. The volunteers at Urjavya Foundation went one step ahead to document the bank account details and government-issued identity details such as Aadhaar numbers of these members. These details were shared for verification with the Ministry of Social Justice and Empowerment of the Government of India.

Following this procedure, each enrolled member received INR 1500 as aid under the government schemes, along with other benefits from being enrolled for life. This extra step ensured some form of financial respite for the community in crisis so that they can sustain themselves even after the initiative by Urjavya Foundation is successful. The beneficiaries made a video with some of the contents of the ration kits and shared it with Urjavya Foundation to thank them for their efforts.

Urjavya Foundation thanks its volunteers as well as the government bodies for their prompt response in the documentation process.



*Video made by the beneficiaries to thank Urjavya Foundation*  
URL: <https://www.facebook.com/watch/?v=2595824293990122>

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid025jpSDbyBEKVrGyv hkES49R5KK2dH8QdfiJnY66k5dT9TUJWo6tKm4rcVAF2CyKu2l?\\_cft\\_\[0\]=AZW3 nJUvKpEXHq3t19NJKGXBAuNDlmL0-YnFjs\\_UTfQ5GnRPIUUBhYe9TR39108Qdk9hZANwF3Iou41-YXVfiLQ1AaxhL2VVwu-Ym4oZ0zO8s1SUi7pLUzTQiseoWaelX2obC6TS6yJoueA3qlDHm8kqFHvTFLmarv Eqj18pwtonVg2dRV2m14WqoEHG6Er5M&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid025jpSDbyBEKVrGyv hkES49R5KK2dH8QdfiJnY66k5dT9TUJWo6tKm4rcVAF2CyKu2l?_cft_[0]=AZW3 nJUvKpEXHq3t19NJKGXBAuNDlmL0-YnFjs_UTfQ5GnRPIUUBhYe9TR39108Qdk9hZANwF3Iou41-YXVfiLQ1AaxhL2VVwu-Ym4oZ0zO8s1SUi7pLUzTQiseoWaelX2obC6TS6yJoueA3qlDHm8kqFHvTFLmarv Eqj18pwtonVg2dRV2m14WqoEHG6Er5M&_tn_=%2CO%2CP-R)

## **COVID Warriors: Supporting Bengaluru Health Workers**

October 28, 2020

### **LOCATION**

Multiple areas around Bengaluru City

### **PARTNER ORGANIZATIONS**

IDOBRO Impact Solutions  
121, East-West Industrial Estate, Andheri - Kurla Road,  
Andheri East, Mumbai, Maharashtra – 400072  
Website: <https://www.idobro.com/>.

Glenmark Pharmaceuticals  
Website: <https://glenmarkpharma.com/>.

### **BENEFICIARIES**

Bengaluru City healthcare personnel.

At the forefront of the pandemic and its multiple challenges, the healthcare workers of Bengaluru city have been working tirelessly to ensure a safer and more immune environment for the citizens by spreading awareness about prevention and risks of the pandemic, showing up to work every day in order to treat patients, helping in running hospitals and health centres smoothly, among many others.

In order to honour their valiant and constant efforts and to support them in continuing their essential work, Urjavya Foundation distributed 500 Personal Protective Equipment (PPE) kits among the healthcare workers in major areas of Bengaluru city.

Urjavya Foundation team member Mr. Gautam Sharma coordinated the delivery and undertook seamless communication between all the involved parties. He also ensured the safe delivery of the PPE kits to the health workers.



## Helping Migrant Workers Travel Home

October 29, 2020

### LOCATION

Marathahalli,  
Bengaluru, Karnataka – 560037

### PARTNER ORGANIZATIONS

Karnataka Labour Welfare Board  
Labour Welfare Hall, 48, Mathikere Main Road,  
Near RTO, Kamla Nehru Extension,  
Yeswanthpur, Bengaluru, Karnataka – 560022

ASHA (Accredited Social Health Activist) workers

### BENEFICIARIES

Migrant workers from Marathahalli and other nearby areas of Bengaluru City.

As per the reports of WHO, since the first few cases of COVID-19 were reported in December 2019, the unprecedented crisis that followed spelled severe crisis for the disparaged communities of Bengaluru. Among the populace, the migrant worker communities were found to be one of the most vulnerable groups in this lockdown, as their very livelihood came to a complete standstill. They were further doubly in crisis due to the travel bans that were further imposed on the entire nation. This left the migrant worker communities with no means to travel to their hometowns.

Urjavya Foundation stepped in to aid the workers in this time of crisis and collaborated with government agencies such as the Karnataka Labour Department, the Marathahalli Police Station staff and ASHA (Accredited Social Health Activist) workers in order to work together on this mission. Together, the efforts were compiled in order to document the required details of around 1000 migrant workers, connect with the government agencies to arrange inter-state transport for them and to assist in the entire process till they were able to reach home.



*ASHA workers, Founder Mr. Kaushik Bhakat, Marathahalli police personnel and Urjavya Foundation volunteers working on documentation for the workers.*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/photos/a.131656545327042/136354858190544/?\\_cft\\_\[0\]=AZUO1yQYbj4pV2ZUVdU47H-I4LXg\\_5a6tnf5G0qxxk\\_19m3meFO2wt9b1pdxSlstKvNvg48FSdFRET-HF6q6R7rNxi0WYzES3R3p8HYXw09jYSq\\_WWLb6FbMV4AdC2uA3S0CzoQV5jK2KImSQhq7yf6SByBR9GyPk6sWh1NyjQu5ulhuFc5w9d2HvdcrE5Xp1SU&\\_tn\\_=\\_EH-R](https://www.facebook.com/UrjavyaFoundation/photos/a.131656545327042/136354858190544/?_cft_[0]=AZUO1yQYbj4pV2ZUVdU47H-I4LXg_5a6tnf5G0qxxk_19m3meFO2wt9b1pdxSlstKvNvg48FSdFRET-HF6q6R7rNxi0WYzES3R3p8HYXw09jYSq_WWLb6FbMV4AdC2uA3S0CzoQV5jK2KImSQhq7yf6SByBR9GyPk6sWh1NyjQu5ulhuFc5w9d2HvdcrE5Xp1SU&_tn_=_EH-R)

## Yoga Workshop For Underprivileged Children

October 29, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### BENEFICIARIES

Children from underprivileged families in Kudlu area of Bengaluru City.

Yoga offers a multitude of benefits for children that extend beyond physical well-being. Engaging in yoga helps them cultivate mindfulness and self-awareness, fostering emotional balance and resilience. Through the practice of various poses, children also develop strength, flexibility, and coordination which enhance their overall physical fitness. Additionally, yoga encourages relaxation and stress reduction, promoting better sleep patterns and improved concentration in children. In the context of the pandemic, yoga also serves another purpose in terms of nurturing a sense of community and cooperation when children participate in partner or group yoga activities. Overall, yoga provides a holistic approach to wellness for children, nurturing their physical, emotional, and mental well-being. Urjavya Foundation continues to stay connected to underprivileged families in areas in and around Kudlu, and thus initiated a movement to hold a day of Yoga education for underprivileged children.



*Children pictured with Ms. Ranju Pandey,  
instructor and coordinator for the education session*

By incorporating breathing exercises and meditation, yoga empowers children to develop a greater sense of inner calm and self-regulation, which allows them to make sense of the changing situation around them and adjust to it for their mental and emotional development.



*Children pictured with Ms. Ranju Pandey,  
instructor and coordinator for the education session*

As part of the larger ‘Happiness Program For Kids’ that Urjavya endeavours to run in Kudlu, this yoga session was moderated by Ms. Ranju Pandey. Urjavya Foundation thanks her for her support in making the session fruitful and successful for the children.

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid034JcaE8GfT6DWB39krVmJTzn9uJhGZsAoCFWHTdJtyo6521Tz9jhQgC6hSFumG1SI?\\_cft\\_\[0\]=AZUgC7E9inFnJC-mqD6GDf5ZMd3Cj98Iqup9-S\\_pgStYOM5rbah8dOPnOps30J9Y-XPj2xJEe2FgVIMdc2Cew8iiti7ck7ZNOIIDogbt\\_z2LErOeWVtBi4NiREL1NqUb5x6ih7yuIA-aLRrKXmpcCy\\_DHS7YZZs-1GvTap047I5UtjJ07h8TNq6w7r2JJafv3DA&\\_tn\\_=%2CO%2CP-RURL](https://www.facebook.com/UrjavyaFoundation/posts/pfbid034JcaE8GfT6DWB39krVmJTzn9uJhGZsAoCFWHTdJtyo6521Tz9jhQgC6hSFumG1SI?_cft_[0]=AZUgC7E9inFnJC-mqD6GDf5ZMd3Cj98Iqup9-S_pgStYOM5rbah8dOPnOps30J9Y-XPj2xJEe2FgVIMdc2Cew8iiti7ck7ZNOIIDogbt_z2LErOeWVtBi4NiREL1NqUb5x6ih7yuIA-aLRrKXmpcCy_DHS7YZZs-1GvTap047I5UtjJ07h8TNq6w7r2JJafv3DA&_tn_=%2CO%2CP-RURL)

## Tailoring Center Inauguration in Kudlu

October 30, 2020

### LOCATION

Singasandra (ಸಿಂಗಸಂದ್ರ), Ward No. 191,  
Bengaluru, Karnataka – 560068

### PARTNER ORGANIZATIONS

Bruhat Bengaluru Mahanagara Palike (BBMP),  
Kudlu Office, Ward 191,  
VGP Layout, Bengaluru, Karnataka – 560068

### BENEFICIARIES

Women from Kudlu community seeking financial independence and vocational training in tailoring.

Continuing the activities for upliftment of communities living in the Kudlu community, Urjavya Foundation has established a tailoring training cum production center in this area, in order to allow the women of Kudlu community to pursue tailoring so that they can sustain themselves and their families. Ms. Shanthababu V, the BBMP Corporator of the area, officially inaugurated the center by lighting the lamp. This endeavour is courtesy of the support from the community and volunteers. In the first phase of training, around 32 women have enrolled as participants. The OJT (on-the-job) training model shall be followed to ensure practical inculcation and to allow them to begin working as soon as their training is complete.



*Trainees attending the inauguration ceremony*



*BBMP Corporator Ms. Shanthababu V inaugurating the tailoring center*



*Urjavya Foundation Inauguration Banner hung at the entrance of the center*

Keeping in mind the COVID-19 precautions, all the safety protocol – including social distancing measures, hand washing and sanitising stations, and temperature tracking are continually followed at the center.



*Flowers being handed over by a trainee to an organiser of the training*



*Ms. Shanthababu V and other organisers of the tailoring training pictured with the inaugural lamp*



*Urjavya Founder Mr. Kaushik Bhakat being felicitated at the inauguration ceremony*



*Training session commencement at the center*



*Ms. Shanthababu V delivering an inaugural address to the trainees*



*Mr. Kaushik Bhakat delivering an address to all the attendees*

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**UPDATE – November 2, 2020**

Production of face masks commenced at the tailoring centre in Kudlu. Urjavya Foundation has also hired a production manager to enable smooth functioning at the tailoring centre.



*Workers pictured at the tailoring centre*

As of November 2020, around 10 underprivileged women have been hired as workers in the centre, and they have collectively made more than 8000 masks. These have been delivered to the vendor.



*Workers at the tailoring centre*



*Hand-stitched masks being packed into boxes to be sent to the vendors*

Urjavya Foundation hopes to expand operations at the centre soon and add more products to the portfolio of the workers. The NGO thanks all the participants who have made this initiative successful so far, and have proved the efficiency of grassroots level efforts.



*Workers and trainees pictured at the tailoring centre*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid035SztMwCczG48WabxwFWEp8m1iy1BC4uwWKc4aUjEQiYGYTKAnJEmHCgh489qrU4TI?\\_cft\\_\[0\]=AZVVySPrxJ1jjPQcZiDZCkdLlwVN5Q44kU6DXD3gu0Ro00tuZx3X3zXm5YveZhgTDW4xUGfoBjYqMFcumQcteR2yUuCqVmOERJCjekvJa5ifgxmkXmOWF8FizG7f-SNYYNyGePWAR-dKM0sVEpCjwxuRVLt3p1FaphNxDtMBLMEVpBu\\_8JkOWwWmhZgmn5wwbQ4&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid035SztMwCczG48WabxwFWEp8m1iy1BC4uwWKc4aUjEQiYGYTKAnJEmHCgh489qrU4TI?_cft_[0]=AZVVySPrxJ1jjPQcZiDZCkdLlwVN5Q44kU6DXD3gu0Ro00tuZx3X3zXm5YveZhgTDW4xUGfoBjYqMFcumQcteR2yUuCqVmOERJCjekvJa5ifgxmkXmOWF8FizG7f-SNYYNyGePWAR-dKM0sVEpCjwxuRVLt3p1FaphNxDtMBLMEVpBu_8JkOWwWmhZgmn5wwbQ4&_tn_=%2CO%2CP-R)

## Menstruation Awareness and Hygiene Workshop

October 31, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### PARTNER ORGANIZATIONS

World of Women (WOW),  
No.13, 3D Main Road,  
J.P. Nagar, 1st Phase, Bengaluru – 560078  
Website: <https://worldofwomen.in/>

### BENEFICIARIES

Women from Kudlu community seeking financial independence and vocational training in tailoring.

Menstrual hygiene awareness is crucial for women as it directly impacts their health, well-being, and overall quality of life. Especially among many underprivileged communities, there is a prominent lack of knowledge and understanding about menstruation. This often leads to stigmatization, misinformation, and harmful practices that can even be fatal for women. By raising awareness about menstrual hygiene, women in rural communities can gain access to accurate information about their bodies and menstrual health, enabling them to make informed decisions and take appropriate measures to manage their periods hygienically. This awareness also helps debunk societal taboos and myths surrounding menstruation, fostering a sense of dignity and empowerment among women. Moreover, educating rural women about menstrual hygiene products, such as sanitary pads or menstrual cups, and their proper usage can significantly reduce the risk of infections, discomfort, and other health complications. Ultimately, menstrual hygiene awareness serves as a catalyst for breaking the silence, promoting women's health, and advocating for gender equality in rural communities.

Urjavya Foundation aimed to inculcate this important aspect of women's health in their overall motive for women's upliftment. An awareness workshop was thus hosted by the NGO, in partnership with World of Women (WOW), another Bengaluru-based NGO that focuses exclusively on women's education, health and

empowerment. The president of WOW, Mrs. Nirmala Nayak attended and spoke in this workshop. She also handed over more than 250 sanitary pads to the attendees after her session.



*Mrs. Nirmala Nayak being felicitated with flowers by the attendees*



*Mrs. Nirmala Nayak speaking about menstrual hygiene in the session*



*Mrs. Nirmala Nayak handing over sanitary pads procured by World of Women to the attendees*



Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0fxbyLsnK1WhuwEraKBNYDMXnZeanFASMz5pzGvQUG9mojjHtGcV1NFVgUD4bpoD8l?\\_cft\\_\\_\[0\]=AZW6f-jwGhYo9NrHgQzhyC1enPjltygpOOjJnDmKd1xW1mWxD95kGLIR8d9XF0mKNCMdqeGxa7sxbygNchdZ0KAwkMfnc3C6OFvDCh9Id9931MxN3B75kIwA1vRjA4KRTvVJibMXGNEQ0thQqZixBOobXqSxyLlpURI6KgEI1s8OnyZmhcfHKsnqINkuAu4TZz4&\\_tn=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0fxbyLsnK1WhuwEraKBNYDMXnZeanFASMz5pzGvQUG9mojjHtGcV1NFVgUD4bpoD8l?_cft__[0]=AZW6f-jwGhYo9NrHgQzhyC1enPjltygpOOjJnDmKd1xW1mWxD95kGLIR8d9XF0mKNCMdqeGxa7sxbygNchdZ0KAwkMfnc3C6OFvDCh9Id9931MxN3B75kIwA1vRjA4KRTvVJibMXGNEQ0thQqZixBOobXqSxyLlpURI6KgEI1s8OnyZmhcfHKsnqINkuAu4TZz4&_tn=%2CO%2CP-R)

## Dussehra Gift Drive For Families of Kudlu Women

November 2, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### PARTNER ORGANIZATIONS

Rotary Club of Bengaluru  
Website: <https://rcb1934.in/>.

### BENEFICIARIES

Women from Kudlu community employed in the tailoring center established by Urjavya Foundation.

During the auspicious festival of Dussehra, gift-giving holds a special significance in many Indian families as it symbolizes love, respect, and goodwill. The act of exchanging gifts during this time is a way of expressing appreciation and strengthening bonds with family, friends, and loved ones. These thoughtful gestures not only bring joy and happiness to the recipients but also foster a sense of togetherness and unity within the community. Additionally, gift-giving during Dussehra reflects the spirit of sharing and compassion, as it extends beyond personal relationships to include acts of charity and generosity towards the less fortunate.

Urjavya Foundation is privileged to share that around 39 shirts of premium fabric quality were donated by Rotary Club of Bengaluru members Smt. Usha Medina and Sh. Jayaraman.

These shirts were distributed to the participants at the tailoring centre established by Urjavya Foundation in Kudlu, as a gift for them to give towards their male family members. The participants were encouraged to indulge in the festive process of gift-giving with their families at the center itself.



*Handing over of gifts to the women participants at the center*



*Urjavya Founder Mr. Kaushik Bhakat receiving the donations from Rotarian Sh. Jayaraman*

For a change, the women of the Kudlu community being able to be able to give gifts symbolised their empowerment and financial independence as homemakers in their respective families. This is one of the primary goals that Urjavya endeavours towards in its initiatives that are geared towards the betterment and upliftment of women. Urjavya is keen to keep exploring such avenues of establishing deeper interpersonal bonds with the beneficiaries so as to ensure that the grassroots-level impact continues for a long time.



*Gifts being given to the male members of the women's families*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid02SXiX9TkcHb88udrPXbJzWgUQEVZrjbKyochEwJM8RbavyvbfPwvZ8cMPnZuoyVpBI?\\_cft\\_\[0\]=AZUXSsHp0SMIyErJYtTIFU16H1FBkjvw6FXOFq-2Dc3fI3wggA1b0va-t8bOCeWNDcZc1mR-HaULU63ETMTrGt80Pm-v5WfRBqP3uusJPZZCp17MKFipv-rLZB\\_3xsIbwNlpDlyyokaFAjzNVuaOEaIGZhCKGpPcgtKV19n-8rRJ06zjAOvxRF\\_89M8ea74GcA4&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid02SXiX9TkcHb88udrPXbJzWgUQEVZrjbKyochEwJM8RbavyvbfPwvZ8cMPnZuoyVpBI?_cft_[0]=AZUXSsHp0SMIyErJYtTIFU16H1FBkjvw6FXOFq-2Dc3fI3wggA1b0va-t8bOCeWNDcZc1mR-HaULU63ETMTrGt80Pm-v5WfRBqP3uusJPZZCp17MKFipv-rLZB_3xsIbwNlpDlyyokaFAjzNVuaOEaIGZhCKGpPcgtKV19n-8rRJ06zjAOvxRF_89M8ea74GcA4&_tn_=%2CO%2CP-R)

## Amadeus IT CSR Group Visit

November 2, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### PARTNER ORGANIZATIONS

Amadeus Software Labs India Pvt. Ltd.,  
Block B, Prestige Tech Park Internal Road,  
Marathahalli, Bengaluru, Karnataka – 560103

### BENEFICIARIES

Volunteers at Urjavya Foundation, members of Kudlu community at the center established by Urjavya Foundation.

In metropolitan cities like Bengaluru, CSR visits by companies play a vital role in fostering positive social impact. These interactions are mutually beneficial to both an NGO, who gains by collaborating on resource allocation with companies, and to companies, who are given an opportunity to actively engage with the communities they serve. By physically visiting the communities and witnessing the challenges and needs first-hand, companies gain valuable insights and understanding. This enables them to develop targeted initiatives and programs that address specific societal issues.

On November 2<sup>nd</sup> 2020, the CSR Group at Amadeus Software Labs in Bengaluru visited the Kudlu center to understand how our grassroots-level engagements with women from underprivileged communities through many livelihood projects is allowing them to achieve self-sustainability and financial independence. The company members interacted with both the volunteers at Urjavya Foundation, as well as the women employed at the established tailoring centre.

This visit shall allow Amadeus to stay in direct communication with Urjavya Foundation in order to facilitate dialogue and collaboration on more projects in the near future. Amadeus has also further assured support to the NGO's future welfare projects through potential partnership. Such interactions and appreciations gives much needed boost to novel and motivated organizations like Urjavya Foundation to keep our josh high for working towards a better and sustainable society.



*Members of Kudlu community pictured with Amadeus CSR Group and Urjavya Founder Mr. Kaushik Bhakat*



*Mr. Kaushik Bhakat interacting with visitors from Amadeus CSR Group*



*Sewing machines and working equipment shown at the tailoring centre*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid07TRGofBoLRSJr5D3TYihcq8WVLxBhp47Ax4oiLdiQ3fWXqZj8fT3ta8QEOQXgCQPI?\\_cft\\_\[0\]=AZXCza-3YObYRBy2IAOmZTvwXNrxWR1O8osgWdXjIFVW5p\\_dqdykzY5Zg-m6WdsP5f-T-FSxvkGg5ev-5yure5OVz0C4\\_cNHhS\\_prg-fbRDwYWk1sUR0cLJxnNDOWurck-7STUJD\\_qrSsPFwjlB-jB00S7X97P08x5mHt3z9kkj38AHTEHfNO71G0LsuYabBrI&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid07TRGofBoLRSJr5D3TYihcq8WVLxBhp47Ax4oiLdiQ3fWXqZj8fT3ta8QEOQXgCQPI?_cft_[0]=AZXCza-3YObYRBy2IAOmZTvwXNrxWR1O8osgWdXjIFVW5p_dqdykzY5Zg-m6WdsP5f-T-FSxvkGg5ev-5yure5OVz0C4_cNHhS_prg-fbRDwYWk1sUR0cLJxnNDOWurck-7STUJD_qrSsPFwjlB-jB00S7X97P08x5mHt3z9kkj38AHTEHfNO71G0LsuYabBrI&_tn_=%2CO%2CP-R)

## Dance Workshop for Kudlu Children

November 4, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### BENEFICIARIES

Children from underprivileged families in Kudlu area of Bengaluru City.

Dance holds immense importance for children as it nurtures their physical, emotional, and cognitive development in a holistic manner. Engaging in dance allows children to express themselves creatively, fostering self-confidence and self-esteem. It serves as a medium for them to explore their emotions, ideas, and imagination, helping them develop a strong sense of self-identity. Many children who are less fortunate are generally unable to access creative mediums like dance because they come from families that lack resources that enable activities beyond basic livelihood.

To recognise the importance of creative and expressive mediums like dance among such children, Urjavya Foundation organised a dance workshop and class for Kudlu community's children as part of the ongoing 'Happiness Program For Kids'.



*Dance instructor conducting the class for the enrolled children*

Urjavya Foundation thanks volunteers Ms. Charu, Ms. Ranju, Ms. Sudeshna Ghosh, Ms. Ramya, Ms. Vijay Lakshmi, and Mr. Raju for coordinating the conduction of the workshop and ensuring a well-rounded experience for the beneficiaries.



*Urjavya Founder Mr. Kaushik Bhakat with volunteers and some of the enrolled children*

Around 30 children have enrolled in the program so far, and more are expected to further join in the near future. The medium of dance shall foster social interaction and teamwork among the children as they collaborate with others, learn routines together, and perform as a group. It shall also help in their cognitive growth.





*Photographs of children post the workshop*

Urjavya Foundation also aims to eventually begin regular guitar classes to add on the endeavour of our 'Happiness Program For Kids'.

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0byJBzrtkZmUoN5gRaLZ18pzvRK3X5kXBQLwirWU8pYTFGjpg9ujowiDPAaDBqf6El?\\_cft\\_\[0\]=AZX5dFvMNxXFT6-LNhLrwXi-qj-W1IyJVD5jr5Use8C-hAnkVQwJvJb7aeWgxaEtHOgaKDAJQRqEortMdh5AtNxz11MuX-q2s87I8MBSH9Imh69C7obXDs9gvICuI1sCiEPhe13vOGcLYmObzfMp\\_Z7MkJiQyuDplPsV6UOcSGyUNlhMhPaLEN4jrrJ-fHXQik&tn=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0byJBzrtkZmUoN5gRaLZ18pzvRK3X5kXBQLwirWU8pYTFGjpg9ujowiDPAaDBqf6El?_cft_[0]=AZX5dFvMNxXFT6-LNhLrwXi-qj-W1IyJVD5jr5Use8C-hAnkVQwJvJb7aeWgxaEtHOgaKDAJQRqEortMdh5AtNxz11MuX-q2s87I8MBSH9Imh69C7obXDs9gvICuI1sCiEPhe13vOGcLYmObzfMp_Z7MkJiQyuDplPsV6UOcSGyUNlhMhPaLEN4jrrJ-fHXQik&tn=%2CO%2CP-R)

## Meeting with Karnataka MLA Mr. B. Shivanna

November 5, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

Mr. Kaushik Bhakat, founder of Urjavya Foundation recently met Mr. B Shivanna, Member of Legislative Assembly from Anekal Constituency of Bengaluru at the Urjavya Foundation – established production and training centre in Kudlu. MLA Shivanna was presented with some of the hand-stitched masks made by the workers. He held discussions about the grassroots-level impact of multiple livelihood projects run by Urjavya Foundation and potential areas to explore further. He also expressed approval at the safety measures being followed at the centre in compliance with government-prescribed protocol, and shall visit the centre in soon to interact better with the participants and the volunteers.



*Founder Mr. Kaushik Bhakat with MLA Mr. B. Shivanna*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0XjU33bYUAKGUn3zWmEz3mPNWNrNWc7Y994BiQdt2cVmpNTwrQThr993WA14BXbEz1?\\_cft\\_\[0\]=AZVQuGLHP5C2OP84Sk2B3uA8aAnLVNzBfn5zhQs9ZlCXYjgA2smongKUof6v8Q\\_2PKx-mSMJhlateppJzwduzD3DI-74DbJHaoeSJIbh0TyosnEIbfxFk0tZ8t5-GJ7GVX1Vs5QwU3WXHysZ3q9qQA9h1Q\\_U\\_vMfb4sxD8fMlsd9Vzu\\_vNdzdMvhT-Ppk7cpor0&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0XjU33bYUAKGUn3zWmEz3mPNWNrNWc7Y994BiQdt2cVmpNTwrQThr993WA14BXbEz1?_cft_[0]=AZVQuGLHP5C2OP84Sk2B3uA8aAnLVNzBfn5zhQs9ZlCXYjgA2smongKUof6v8Q_2PKx-mSMJhlateppJzwduzD3DI-74DbJHaoeSJIbh0TyosnEIbfxFk0tZ8t5-GJ7GVX1Vs5QwU3WXHysZ3q9qQA9h1Q_U_vMfb4sxD8fMlsd9Vzu_vNdzdMvhT-Ppk7cpor0&_tn_=%2CO%2CP-R)

## Corporate Connect with Kudlu Women

November 17, 2020

### LOCATION

CSG, Prestige Tech Park,  
Prestige Tech Park Road, Kadubeesanahalli,  
Bengaluru, Karnataka – 560103

### PARTNER ORGANIZATIONS

CSG, Prestige Tech Park,  
Prestige Tech Park Road, Kadubeesanahalli,  
Bengaluru, Karnataka – 560103

### BENEFICIARIES

Women from Kudlu community employed in the tailoring center established by Urjavya Foundation.

In a milestone achievement for Urjavya Foundation, our first ever corporate collaboration was held with CSG at Prestige Tech Park, Bengaluru to foster the endeavours of the women employed at the Urjavya Foundation-established tailoring centre in Kudlu, Bengaluru. As a pilot program, this collaboration saw 5 women setting up stalls to sell many stitched products, which they made from cloth scraps that are discarded by boutiques and clothing stores.



*Glimpse from the video journal of the event made and posted by Urjavya Foundation on our Facebook page*

Each of the women in the program earned close to INR 2000 from their sales. Ms. Poonam from CSG was also of great support in coordination and smooth functioning of the stalls. Urjavya Foundation hopes to scale this initiative to 150 women in the upcoming future to foster even more profits for the hard-working and talented workers.

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid037ERV438hMTYh64sZSrfGK8DCVQLWtex1zii357SmfAMdaYWheGVYvAqtP1VWLh9pl?\\_cft\\_\\_\[0\]=AZXxCawtwjj6lJzgPueLSD7oxP9ZsGCgzBQCgy2IwhmyhUEW7n2kT7ZyuPbWtk-AZobjnAm07KC60N8MsnwEX9y\\_z5vdVKmHOix\\_UyQpRZ4FbYnk5\\_HzNvT3v5CBG0vfvN5VljAiih4L4CKziO1FdKdd\\_eMQt9aMPjwyQ7S11N\\_MdypMMTJhLaves-XmPIb\\_Vxw&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid037ERV438hMTYh64sZSrfGK8DCVQLWtex1zii357SmfAMdaYWheGVYvAqtP1VWLh9pl?_cft__[0]=AZXxCawtwjj6lJzgPueLSD7oxP9ZsGCgzBQCgy2IwhmyhUEW7n2kT7ZyuPbWtk-AZobjnAm07KC60N8MsnwEX9y_z5vdVKmHOix_UyQpRZ4FbYnk5_HzNvT3v5CBG0vfvN5VljAiih4L4CKziO1FdKdd_eMQt9aMPjwyQ7S11N_MdypMMTJhLaves-XmPIb_Vxw&_tn_=%2CO%2CP-R)

### UPDATE – March 12, 2021

Resuming the empowerment and exposure that we have been providing to the participants from Kudlu and their handmade deliverables, we have delivered 350+ cloth handbags to our NGO partner. 12 participants from the women empowerment initiative hand-stitched these bags at our centre in Kudlu. The vendors were highly satisfied with the quality, design and durability of the bags.



*The bags pictured before they were sent out for delivery to the vendors*



*A worker stitching a few bags*



*Ongoing stitching process at the tailoring centre*

This exchange shall help the women from the community earn a fair amount to help their respective families. Urjavya Foundation thanks trainer Ms. Lalita and production manager Ms. Suma for making this effort fruitful and adding one more achievement to the umbrella of Urjavya Foundation.

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0YEJXtgq5VF12ZaaSzyXnWnpfcFmdbTye46sAwSWcRx54NA5EzrcQ8isgJuKzaKzF1?\\_cft\\_\\_\[0\]=AZX0UUHEc7pEXqy2LDeBDAY2L3J4Z19cMqorUh2Xc1lightDuqQqKKtXo0Tu6GA-KU2TjodoXCIBKdxTXx7DxXXDcR86k89WCXkRcxhmsJKnhPxRKwye9tv0GdGbvSuY6kwJetaWDFEJ\\_Pvupzn4Yar40YmYzbn8FTXKpHfDFe93D2xmkWFLCrEhkDVq5QbvS1I&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0YEJXtgq5VF12ZaaSzyXnWnpfcFmdbTye46sAwSWcRx54NA5EzrcQ8isgJuKzaKzF1?_cft__[0]=AZX0UUHEc7pEXqy2LDeBDAY2L3J4Z19cMqorUh2Xc1lightDuqQqKKtXo0Tu6GA-KU2TjodoXCIBKdxTXx7DxXXDcR86k89WCXkRcxhmsJKnhPxRKwye9tv0GdGbvSuY6kwJetaWDFEJ_Pvupzn4Yar40YmYzbn8FTXKpHfDFe93D2xmkWFLCrEhkDVq5QbvS1I&_tn_=%2CO%2CP-R)

## Fruit Juice Distribution Among Kudlu Children

November 19, 2020

### LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

### PARTNER ORGANIZATIONS

Rotary Club of Bengaluru  
Website: <https://rcb1934.in/>.

### BENEFICIARIES

Children from underprivileged families in Kudlu area of Bengaluru City.

Continuing our 'Happiness Program For Kids' living in Kudlu slum communities, Urjavya Foundation is thankful to the Rotary Club of Bengaluru for their generous donation of nutritious fruit juice boxes for us to distribute among the children living in Kudlu.

Urjavya Foundation is also thankful to our volunteers for smoothly delivering the donations to kids.

We are constantly expanding the focus of our umbrella project 'Happiness Program For Kids' and shall soon add more programs apart from Yoga and dance classes which are already running successfully.

Our second collaboration with the Rotary Club of Bengaluru has been successful in bringing a smile to the faces of the children, and in rejuvenating the aim of our organization's efforts.



*Donated juice boxes before unpacking and distribution by Urjavya volunteers, as seen in the video journal of the event posted on our Facebook page*



*Distribution among Kudlu children, as seen in the video journal of the event posted on our Facebook page*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0vH9ZK76kcvWcaazA3waPdGqutPMdx31dVrsktTBv3unEHYEzXuFhVN2fCXjwk9Fsl?\\_cft\\_\[0\]=AZWkUTv8XVUYep4A\\_0UzqigRnw-P5zVYqrvv07buEahrECivTYIe4oneey0y675UnApsdkiQ1bC6TucbFMCAp3kPUltTMutD5SNNftjpwhvoMwXe8F2-iivUlstezYzOr04qhBBKrBhDEpqEVCX9QggfsQ-OZtM0qCUv2qFR7gBj\\_ZPZMsOFypcNEpz-ol1XVAQ&tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0vH9ZK76kcvWcaazA3waPdGqutPMdx31dVrsktTBv3unEHYEzXuFhVN2fCXjwk9Fsl?_cft_[0]=AZWkUTv8XVUYep4A_0UzqigRnw-P5zVYqrvv07buEahrECivTYIe4oneey0y675UnApsdkiQ1bC6TucbFMCAp3kPUltTMutD5SNNftjpwhvoMwXe8F2-iivUlstezYzOr04qhBBKrBhDEpqEVCX9QggfsQ-OZtM0qCUv2qFR7gBj_ZPZMsOFypcNEpz-ol1XVAQ&tn_=%2CO%2CP-R)

## JLN Planetarium Visit For Kudlu Girls

January 8, 2021

### LOCATION

Jawaharlal Nehru Planetarium,  
Sankey Road, High Grounds,  
Bengaluru, Karnataka – 560001

### PARTNER ORGANIZATIONS

Rotary Club of Bengaluru  
Website: <https://rcb1934.in/>.

### BENEFICIARIES

Children from underprivileged families in Kudlu area of Bengaluru City.

Continuing our 'Happiness Program For Kids', Urjavya Foundation recently arranged a road trip to the Jawaharlal Nehru Planetarium in High Grounds, Bengaluru for girls from the Kudlu community. The Planetarium serves as a nucleus of non-formal science and imparting its education to individuals of all levels. Their endeavour is to create a youth that are able to identify and nurture their creative talents in science so that they can pursue rewarding careers in research and teaching.



*Children photographed at the introduction of the tour*

In association with the Rotary Club of Bengaluru established in 1989, this trip was made possible due to the logistical efforts of Sh. Jayaraman, who has also earlier been a part of the donation drives Urjavya Foundation has undertaken in Kudlu.



*The children receiving an interactive tour of the planetarium*



*Children pictured with the meals arranged for them as part of the planetarium visit*

Urjavya Foundation has always aimed at increasing the quality of life of the individuals we are closely connected to as our beneficiaries. Our aim is thus to provide children every possible and apt opportunity so that they can feel a sense of belonging collaboration and support from the larger community, and can believe in themselves and their ability to reach their full potential.



*Children photographed with the coordinators for the Planetarium visit*

Facebook URL:

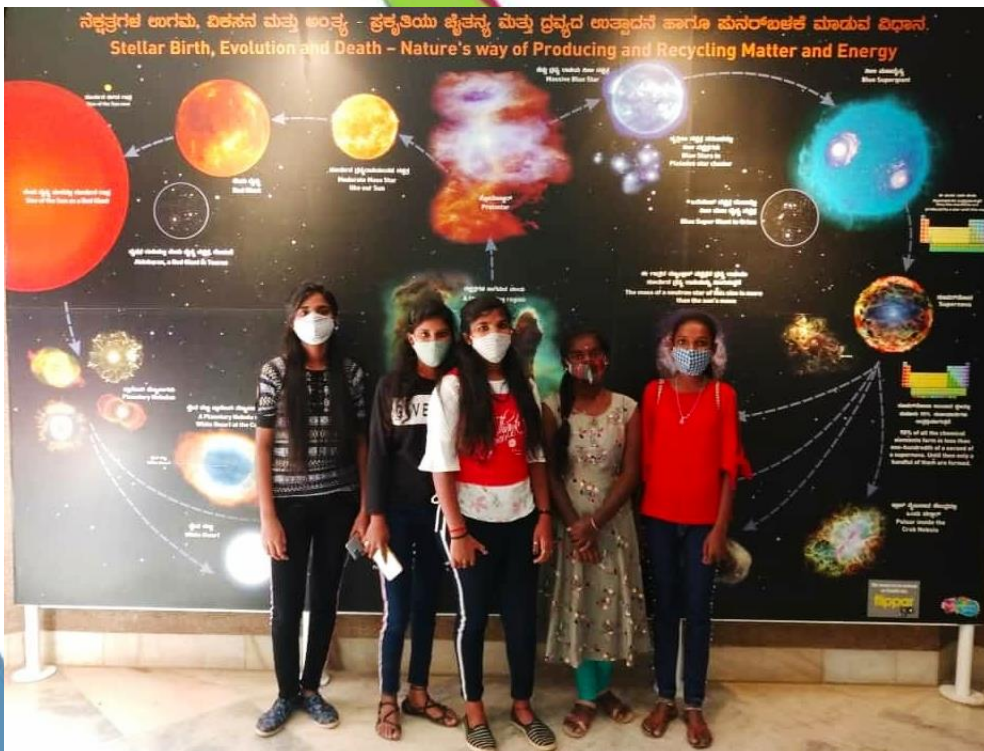
[https://www.facebook.com/UrjavyaFoundation/posts/pfbid032VS19iiBiam3jXZ2g35VVfX6x7qry4epvEBmSy1RbrCK97ZYKtLuKXHGAGeMrMABI?\\_cft\\_\[0\]=AZUtNa8rSniOilc3MQ4bkUqymkxrQNcdI\\_nhWQC3vbVW2HW6Df2iAgh6aYiM129cRk8J7QKLJbhCeD9WkykshJbqWAL5zEmADSL5UKeBJOn6dDS\\_jWm0mpNxGWb5fqgxyBbY\\_e1RGabdIRO6r12LC-DH31FNFcB-6rkP2dVjm\\_qel3vCaHKe0-ijOI-XhEDLM0o&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid032VS19iiBiam3jXZ2g35VVfX6x7qry4epvEBmSy1RbrCK97ZYKtLuKXHGAGeMrMABI?_cft_[0]=AZUtNa8rSniOilc3MQ4bkUqymkxrQNcdI_nhWQC3vbVW2HW6Df2iAgh6aYiM129cRk8J7QKLJbhCeD9WkykshJbqWAL5zEmADSL5UKeBJOn6dDS_jWm0mpNxGWb5fqgxyBbY_e1RGabdIRO6r12LC-DH31FNFcB-6rkP2dVjm_qel3vCaHKe0-ijOI-XhEDLM0o&_tn_=%2CO%2CP-R)

**UPDATE – February 13, 2021**

Many research studies show that students can retain 80% more knowledge through experience-based learning than in a lecture setting. Urjavya Foundation seeks to provide poor children with such hands-on experience to help them understand diverse scientific ideas and foster creativity. It will make learning enjoyable and stimulate their imagination. Recently, Urjavya Foundation organised a joint partnership with the JLN Planetarium to allow the girls from Kudlu to attend a day of the Science Workshops.



*An ongoing science workshop at the planetarium*



*Some attendees pictured during the planetarium tour*



*Few attendees pictured with organisers of the JLN Planetarium event*



*Some attendees were awarded certificates during the event as well*

Facebook URL:

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# Mushroom Farming Training in Jharkhand & Bengaluru

January 9, 2021

## LOCATION

Jharkhand, India.

## PARTNER ORGANIZATIONS

Krishi Vigyan Kendra,  
Darisai, Jharkhand – 832304.  
Website: <https://east-singhbhum.kvk4.in/>.

Indian Institute of Horticultural Research  
Website: <https://www.iihr.res.in/>.

Birsa Agricultural Research Centre  
<https://www.bauranchi.org/research>.

Rotary Club Jamshedpur,  
South Park, Bistupur,  
Jamshedpur, Jharkhand – 831001.

## BENEFICIARIES

Women from rural communities in areas of Jharkhand.

As part of our dual efforts in Bengaluru and Jharkhand, a mushroom farming pilot training session was organised by Urjavya Foundation in Jharkhand featuring 15 women who hail from rural areas. They were briefed with the basics and advantages of mushroom farming, and methods for harvesting and storage of the mushrooms.



*The mushrooms used during the training program before cleaning*



*The mushrooms used during the training program being dried manually*

This training program was possible courtesy of Urjavya Foundation's collaboration with Krishi Vigyan Kendra (KVK), Indian Institute of Horticulture Research (IIHR), the Rotary Club Jamshedpur, and Birsa Agricultural University's research center. The NGO thanks them for their coordination and logistics efforts. Urjavya Foundation is also thankful to Mr. Gonda Mardi Ji, researcher-cum-trainer at Krishi Vigyan Kendra, for conducting the mushroom training program for the participants.



*Mr. Gonda Mardi showing the cleaning process for the mushrooms*



*Trainees observing the mushroom-drying process before storage*



*Mushrooms hung up in tightly knotted wrapping for drying*



*Close-up of a cluster of mushrooms*

Mushroom farming can directly improve livelihoods through its economic, nutritional and medicinal contributions. Most mushroom varieties available for farming in India are also highly resistant to frequent weather changes, which makes them one of the ideal and sustainable choices for farming year-round. Urjavya Foundation hopes to continue this program in the future with more participants from varied backgrounds.



*The trainers and participants pictured at the introduced of the program*

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## UPDATE – January 28, 2021

Urjavya Foundation has extended the mushroom training drive to Bengaluru as well, and has trained 25 women from Kudlu by distributing mushroom kits and preparatory bags. The NGO hopes to scale the participation to 300 in the coming months and explore avenues for sale as well. Urjavya Foundation is thankful to horticulturalist Mr. Arun for providing the training.



*Mr. Arun pictured with the trainees holding their mushroom kits*



*Kudlu women pictured during the hands-on training process*

We also ensured to include younger girls in the training to give them training that will be useful for vocational purposes. These programmes shall impart significant positive impact on the lives of the beneficiary women and provide sustainable livelihood options for them. Financial inclusion of unemployed women and

encouraging them is our motto, and the team at Urjavya Foundation continues to be dedicated towards the same.



*Trainees pictured during the drying process*



*Trainees attending the introductory session*

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## UPDATE – February 14, 2021

Another extension of the mushroom training was recently conducted by Urjavya Foundation in Jharkhand. Involving around 40 participants from rural backgrounds, the session specifically catered to cultivation of oyster mushrooms. We would like to thank horticulturalist Mr. Ganesh Das for providing the training. Gram Pradhan Mr. Hemanta also facilitated the event by lighting the inaugural lamp. Urjavya Foundation is thankful for the incredible community support and interest, and thanks volunteer Mr. Pijush for his assistance in organising the programme.



*Mr. Das, Mr. Pijush and Mr. Hemanta with the participants*



*Gram Pradhan Mr. Hemanta lighting the inaugural lamp*



*Volunteers holding the Urjavya Foundation banner for the event*



*Mr. Das giving an introductory speech to participants*



*Trainees pictured at the session*

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## UPDATE – February 22, 2021

Continuing the Jharkhand drive, Urjavya Foundation conducted an oyster mushroom training session in the village of Dhoodhkundi, which overviewed 30 women from rural background.



*Lighting of the inaugural lamp at the event*

Urjavya Foundation thanks Gram Pradhan Mr Binod Vihari Nayak for his presence, and Chief Guest Mr. Umeshwar Mishra, President of Lions Club, Jamshedpur for taking valuable time to attend the event.



*Attendees pictured with their mushroom training kits*



*Attendees receiving training kits from the organisers*



*A monitored training stage of one of the participants*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0v7sURwGDdBDUXpPQraVuVVR2UmahEwL4neLcTFbNVicrikSer4MbawwzftYjLS6yl?\\_cft\\_\[0\]=AZW5\\_LuCv\\_JgzlN7Uf3lyCrZR8E\\_My6XxiKotTL1PW5UHSLhGZdgjqatAhcHk9oOEQj3g5vg8W02RfeGHfwsnGR0vV5lk6Q0f91gX74GYjUn3qF1vRxcguK\\_ovzFATlhfKpPXCoLoDUXFd\\_hZmLxzmZm\\_5jghCD9HFLCk36Pl1edhdAm3uY3jTnGpIJRrFMn1-U&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0v7sURwGDdBDUXpPQraVuVVR2UmahEwL4neLcTFbNVicrikSer4MbawwzftYjLS6yl?_cft_[0]=AZW5_LuCv_JgzlN7Uf3lyCrZR8E_My6XxiKotTL1PW5UHSLhGZdgjqatAhcHk9oOEQj3g5vg8W02RfeGHfwsnGR0vV5lk6Q0f91gX74GYjUn3qF1vRxcguK_ovzFATlhfKpPXCoLoDUXFd_hZmLxzmZm_5jghCD9HFLCk36Pl1edhdAm3uY3jTnGpIJRrFMn1-U&_tn_=%2CO%2CP-R)

## UPDATE – February 22, 2021

Baaliposh, another village in Jharkhand, was also included under the purview of the oyster mushroom farming training facilitated by Urjavya Foundation. Urjavya Foundation thanks volunteer Mr. Abhik for coordinating the logistics of the program.



*Founder Mr. Kaushik Bhakat with some of the participants of the training program*



*Participants at the location of the training in Baaliposh*



*Some of the trainees pictured at the commencement of the session*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid033N7LZLwiiWUGvsbqj1jTeDSyknY981WsTkHovBYwhNcwwDYUhaWoY6Lvu82dLwSUI?\\_cft\\_\[0\]=AZWhTBW6JHIuMYae4NqgN-b2ArttX9pqWqAOiUI8--uN5I7ONpH33CC7hKGekb29aZZfs\\_XhdVqr\\_SBA11v22\\_knqvuk5XGohDU0KmLg5oC4IkLmw2P8ZUKvCHFijAmM2RjIDZakNvN3KHE1N3z7T8vv8-NSavlme5glHqrxqp5w3jLJnLTIsBo90xRwyhS-Kc&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid033N7LZLwiiWUGvsbqj1jTeDSyknY981WsTkHovBYwhNcwwDYUhaWoY6Lvu82dLwSUI?_cft_[0]=AZWhTBW6JHIuMYae4NqgN-b2ArttX9pqWqAOiUI8--uN5I7ONpH33CC7hKGekb29aZZfs_XhdVqr_SBA11v22_knqvuk5XGohDU0KmLg5oC4IkLmw2P8ZUKvCHFijAmM2RjIDZakNvN3KHE1N3z7T8vv8-NSavlme5glHqrxqp5w3jLJnLTIsBo90xRwyhS-Kc&_tn_=%2CO%2CP-R)

# Guitar Class Commencement For Kudlu Children

January 12, 2021

## LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

## PARTNER ORGANIZATIONS

Rotary Club of Bengaluru  
Website: <https://rcb1934.in/>.

## BENEFICIARIES

Children from underprivileged families in Kudlu area of Bengaluru City.

Continuing our 'Happiness Program For Kids' in Kudlu community of Bengaluru, Urjavya Foundation has recently supplemented the original endeavour of dance classes with guitar classes for girls from the community.

The President Elect of the Rotary Club of Bengaluru, Ms. Sonam Tandon, was in kind attendance of the commencement event of the guitar classes, and she lit the inaugural lamp at the centre for the classes. Urjavya Foundation believes that every child is an artist, and aims to foster their innate potential by providing them with a multitude of options to choose from and grow their personality and knowledge.



*Ms. Tandon cutting the inaugural ribbons on the newly procured guitars for the children*



*Ms. Tandon being felicitated at the inauguration ceremony*

Ms. Tandon also adds to this purview of Urjavya Foundation and believes in giving children apt opportunities to explore their creativity and freedom. Urjavya Foundation also believes in this ideal, and thus has added these guitar classes to the umbrella venture of the Happiness Program after the dance classes and the Jawaharlal Nehru Planetarium Visit.





*The children from Kudlu pictured at the first guitar class*



*Ms. Tandon, the children, and attendees pictured post the ceremony*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid02DCQDp5Pn2CGMz z9yib8h8YnJ4NkueFjSweuRRZdUFZ26sEZNZbskTMnz64nMBDvBl?\\_cft\\_\[0\]=AZ WxlvQ5ZjMNeIVZNcEJ2nnyYTSAWJPdHZSt6lX4d976Ag8\\_CqckmF1J47CN2iOjk gS3tUkJEet8ZaWxVCBrqUk60Cv0uCJIoURsRZ7-uZ6BkEsVM6vNVkLr9MC-iH-0p1FPVJ3pv7n\\_ar-SCxi\\_AKDlWfeb8vpCOgdspC5sSMIKm2Xx-8GQ86uMIES25pw0dY&tn=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid02DCQDp5Pn2CGMz z9yib8h8YnJ4NkueFjSweuRRZdUFZ26sEZNZbskTMnz64nMBDvBl?_cft_[0]=AZ WxlvQ5ZjMNeIVZNcEJ2nnyYTSAWJPdHZSt6lX4d976Ag8_CqckmF1J47CN2iOjk gS3tUkJEet8ZaWxVCBrqUk60Cv0uCJIoURsRZ7-uZ6BkEsVM6vNVkLr9MC-iH-0p1FPVJ3pv7n_ar-SCxi_AKDlWfeb8vpCOgdspC5sSMIKm2Xx-8GQ86uMIES25pw0dY&tn=%2CO%2CP-R)

# Country-wide Blanket Distribution Drive

January 16, 2021

## LOCATION

Jharkhand, India.

## BENEFICIARIES

Widows and other individuals from rural areas of Jharkhand.

As part of our Jharkhand initiatives, Urjavya Foundation recently donated blankets among poor people across rural belts of Jharkhand to help them combat the exceedingly low temperatures this winter. Our initiative primarily focused on widows, but donated blankets to other individuals who are homeless or in deficit of the resources they need to survive the harsh temperatures as well.



*Blanket distribution among the needy*

This initiative shall be scaled up shortly to include more of those in need across Jharkhand, Karnataka, Noida, Maharashtra, Tamil Nadu and Odisha. The volunteers at Urjavya Foundation have tirelessly worked during the last year by putting in efforts and ensuring the smooth conduction of multiple events under the umbrella initiatives of COVID-19 Relief Work, Happiness Program For Kids, and Women Empowerment. We hope to continue with the same zeal and energy and keep spreading the message of sympathy, love and altruism for the betterment to the society.



*Individuals receiving blankets from the donors*

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## UPDATE – January 17, 2021

Urjavya Foundation's blanket distribution drive in Jharkhand has created a ripple effect in Bengaluru as well. Our co-founder Ms. Priyambada and volunteer Mr. Shankar have taken up the initiative of blanket distribution around Ranka Aquagreens Apartment near Kengeri area, to support the individuals who are roadside dwellers.



*Ms. Priyambada and Mr. Shankar at the location of the Bengaluru blanket drive*



*Beneficiaries pictured with the blankets post the drive*



*Beneficiaries pictured with the blankets near their temporary homes*



*Founder Mr. Kaushik Bhakat donating the blankets to some of those in need*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0wowGy7LdE3GCNDFMkxZodZuanSGauySJ9m3bLAXoEuNrduwd4j6QruBabkE6Nvb21?\\_cft\\_\[0\]=AZVCRVDJ3kUbHDbbJSiGr-uJZ\\_nphdZ3vVNT1Trqq\\_W6buap\\_L8Yeir\\_p4huA0xEir7l0Z1gBPFY-DhgKwI02IKPs9iwp88zzJQucsSbbsp-sigqRRQa1wqoXHjPDzWmncJEf208CsZRO-IZ6P8uZGh1On8S2sWE5tJ98G3JG1mceypO5nByZi8OjboVGikPEJ8&\\_tn\\_=\\_O,P-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0wowGy7LdE3GCNDFMkxZodZuanSGauySJ9m3bLAXoEuNrduwd4j6QruBabkE6Nvb21?_cft_[0]=AZVCRVDJ3kUbHDbbJSiGr-uJZ_nphdZ3vVNT1Trqq_W6buap_L8Yeir_p4huA0xEir7l0Z1gBPFY-DhgKwI02IKPs9iwp88zzJQucsSbbsp-sigqRRQa1wqoXHjPDzWmncJEf208CsZRO-IZ6P8uZGh1On8S2sWE5tJ98G3JG1mceypO5nByZi8OjboVGikPEJ8&_tn_=_O,P-R)

## UPDATE – January 28, 2021

Continuing the blanket distribution drive, Urjavya Foundation has extended their initiative to the city of Rourkela in Odisha.



*Members of Brother's Association meeting before the drive*

Collaborating with the organization Brother's Association, Urjavya co-founder Ms. Priyambada has facilitated the process of donation in the city for multiple beneficiaries who are in need.



Beneficiaries receiving blankets from members of Brother's Association

A popular daily Odia newspaper named 'Utkal Samaj' (ଉତ୍କଳ ସମାଜ) also published an article about the donation drive by Urjavya Foundation and partner with Brother's Association. Urjavya thanks co-founder and volunteer Ms. Priyambada for her coordination to make this drive and achievement possible, and looks to further make ripple waves of changes in society.



Some of the blanket distribution drive participants pictured with members of Brother's Association

Article about Urjavya blanket drive published in Odia newspaper 'Utkal Samaj' on 25 January 2021

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid02MT4z5c34uMAazmYcgAzNzrLDxWmYzMe5vaEkkRJxNx4qSCRfzdzJYJjid58CsZMs1?\\_cft\\_\[0\]=AZVAOqHjTDYwu9nSZw4fFk3A0Dux8L5NrysCM5nxlj7S9yTHmYWE9iWkdK6AMhhe8-F\\_yvXeM\\_aI4uCD69urvw4t\\_TI-YLKxmljYtn\\_5AyFN9tHw3oENVg31bebkrAxEsuSoKolLn7MeQCi7TmBLJUyNzdAcR9KGdhm5affmo2LxPLdqpDHAnSmF4xN6WkImTiE&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid02MT4z5c34uMAazmYcgAzNzrLDxWmYzMe5vaEkkRJxNx4qSCRfzdzJYJjid58CsZMs1?_cft_[0]=AZVAOqHjTDYwu9nSZw4fFk3A0Dux8L5NrysCM5nxlj7S9yTHmYWE9iWkdK6AMhhe8-F_yvXeM_aI4uCD69urvw4t_TI-YLKxmljYtn_5AyFN9tHw3oENVg31bebkrAxEsuSoKolLn7MeQCi7TmBLJUyNzdAcR9KGdhm5affmo2LxPLdqpDHAnSmF4xN6WkImTiE&_tn_=%2CO%2CP-R)

## UPDATE – February 9, 2021

Recently, the blanket donation drive by Urjavya Foundation made ripples in Bengaluru as well. Multiple workers at the Yeswanthpur Railway Station were given blankets to help them take on gruelling shifts of work in the cold better.



*Beneficiaries at the Yeswanthpur Railway station*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0Twjx4eh8Mdsy94GE3AEEhi81Ahrf88dL4WPG8u65SK8fgc9zXoiDRh59DVUvLepal?\\_cft\\_\[0\]=AZX\\_NsKnEC9DeT\\_F0QSMrQmu2e\\_iSZvU8xGZqwN5j\\_OI7YkeloBBE6KwiQuIpOTYijCERKEE0TV1k35pMeS8yL75Hsi0pmnGwpJrJEV6k6dFwrXs6srUcAXSZAjxast3Kt5Waj\\_S\\_wwOA8Ep\\_XnoNz93Halsqo8DouuZf-fy497w8Ee\\_W56sKtdUmnEg4pYdOhk4&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0Twjx4eh8Mdsy94GE3AEEhi81Ahrf88dL4WPG8u65SK8fgc9zXoiDRh59DVUvLepal?_cft_[0]=AZX_NsKnEC9DeT_F0QSMrQmu2e_iSZvU8xGZqwN5j_OI7YkeloBBE6KwiQuIpOTYijCERKEE0TV1k35pMeS8yL75Hsi0pmnGwpJrJEV6k6dFwrXs6srUcAXSZAjxast3Kt5Waj_S_wwOA8Ep_XnoNz93Halsqo8DouuZf-fy497w8Ee_W56sKtdUmnEg4pYdOhk4&_tn_=%2CO%2CP-R)

# Eye Check-up Camp in Kudlu

January 17, 2021

## LOCATION

Kudlu (ಕುಡ್ಲ), Bengaluru – 560068.

## PARTNER ORGANIZATIONS

Sankara Eye Hospital,  
Varthur Road, Vaikuntam Layout,  
Kundalahalli, Bengaluru – 560037.

## BENEFICIARIES

Underprivileged individuals in Kudlu area of Bengaluru City.

Urjavya Foundation feels privileged to announce that we have added Health Initiatives to our umbrella of programs, and have commenced this initiative with a free eye check-up camp organised in Kudlu, in Bengaluru. Urjavya Foundation collaborated with the Department of Ophthalmology at Sankara Eye Hospital in Varthur Kodi for this camp, following which specialists visited Kudlu to conduct eye check-ups on adults.



*Lighting of lamp to welcome the Sankara Eye Hospital staff into Kudlu*

76 participants from the community were enrolled in this eye camp, and were ensured that they shall undergo rigorous and comprehensive tests to ensure the best treatment and diagnosis of their vision. They were all also screened using Handheld infrared temperature readers before being sent for the examination, in adherence with government protocol to prevent the spread of COVID-19. Sanitisation stations were also set up around the location.



*Screening and documentation process before commencement of the eye examinations*

Sankara Eye Hospital staff set up a mobile unit near the location of the testing in order to conduct the actual procedures. The details of the participants were also undertaken to ensure that they could be contacted in case of follow-ups or other recommendations. Case histories were also undertaken to ensure that best possible treatments are suggested to the participants.



*Mobile unit for conducting the eye check-up procedures*



*General physician consultation  
of one of the participants*



*Waiting area outside the mobile unit*

The diagnoses showed that such an initiative was much-needed for people to be able to resume their daily lives without hindrances to their vision. There were 25 cases of retrobulbar haemorrhage (RBH), 19 cases of cataract, 24 cases of impaired vision that requires spectacles, and 24 people who needed bifocal corrective lenses. They were suggested treatments and necessary steps accordingly. The follow-up corrective actions shall be taken in within the next 10 days. These include advanced screening, surgery, and distribution of free spectacles. Such initiatives are helpful for underprivileged who cannot afford expensive procedures and medicines.

Urjavya Foundation is thankful to the staff of Sankara Eye Hospital, and to volunteer Mr. Paramesh for ensuring smooth logistics for the entirety of the event.

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid022Q5gs1dPfCp6VibtvPPt7eFJmhy8Lkszq2L2uyHYxVEdYGt6UXgP48e98GxES11l?\\_cft\\_\[0\]=AZVryQHea3tpr4b75F6F7E69XsdFDDVTATeEIBJ9mENIMdolrl-wpww29g4\\_xksOeSKU3bhTUE-UjHypByWE5eFbpX-sOfANfJFXs-z9bhkuCfb5xhXyC276IYH9tS-orGXUcz8Nd-Y-nFyIwMlu77hIOxWFy\\_ypoua5\\_xbVTrmJj6sNtfj5QrFsB4g\\_iEFngd8&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid022Q5gs1dPfCp6VibtvPPt7eFJmhy8Lkszq2L2uyHYxVEdYGt6UXgP48e98GxES11l?_cft_[0]=AZVryQHea3tpr4b75F6F7E69XsdFDDVTATeEIBJ9mENIMdolrl-wpww29g4_xksOeSKU3bhTUE-UjHypByWE5eFbpX-sOfANfJFXs-z9bhkuCfb5xhXyC276IYH9tS-orGXUcz8Nd-Y-nFyIwMlu77hIOxWFy_ypoua5_xbVTrmJj6sNtfj5QrFsB4g_iEFngd8&_tn_=%2CO%2CP-R)

## UPDATE – March 8, 2021

Urjavya Foundation hosted a health camp at our organisation centre in Kalikapur, Jharkhand with the help of Rotary Club Dalma, Rotarian Mrs. KMPM, and Lions Jamshedpur Kalimati Club members. A team of medical specialists measured the blood pressure, blood sugar, height, and weight of the needy and provided free consultation sessions.

Adding to the Kudlu health project and to our umbrella initiative of Health Programs, Urjavya Foundation also organised a free eye check-up camp. 74 patients were screened, among whom 18 shall receive free cataract surgery and 21 shall be given free prescription spectacles. Urjavya Foundation also thanks Shri. Kunal Sarangi (BJP spokesperson and former MLA of Jharkhand) and DGE Pratim Banerjee for gracing the occasion.



*Shri. Kunal Sarangi receiving welcome flowers from Rotarian President Mr. Murali*

Urjavya Foundation thanks Dalma Team, Gram Pradhan Mr. Subol Bhakat, and social workers Mr. Bhola Prasad Gupta and Mr. Himangshu Bhakat. We also thank Rotaract President Ms. Moushika and Secretary Ms. Purvasha, as well as Ms. Riya, Mr. Vishal, Ms. Kalpana, and Mr. Rahul. The Urjavya Foundation team is determined to hold many more similar camps for the benefit of the villages.



*Shri. Kunal Sarangi and DGE Banerjee lighting the inaugural lamp, pictured with founder Mr. Kaushik Bhakat in attendance (far right)*



*Social Worker Mr. Bhola Prasad Gupta receiving a physician check-up, with Rotarian Ms. Swati (left) working on parameters*



*Images from the check-up camp in progress*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0FyiCLhMNZzKfmK52JgJxjnx1Y8TDNFRsLG9qk28uBwc76yM8pi1dnec3ANnoweeVl?\\_cft\\_\[0\]=AZX-0cL-sG0vblG8pB0v7hUY1k4ZyJxz271RLphqjNM14KtLlh2kanEPUKPoCA5\\_CHziJO9E83OJP8xIXmstskoqEOpBFikPsOJg1ePrJ5UmXNhKkkoOHDBIMqfldhqdf2FwCa8s\\_Z1HOV2zeIYFvLRgmXz9U4KO1OkXG-m7nR-lqWJAwOG8cPcOQ0sZaswA37ec&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0FyiCLhMNZzKfmK52JgJxjnx1Y8TDNFRsLG9qk28uBwc76yM8pi1dnec3ANnoweeVl?_cft_[0]=AZX-0cL-sG0vblG8pB0v7hUY1k4ZyJxz271RLphqjNM14KtLlh2kanEPUKPoCA5_CHziJO9E83OJP8xIXmstskoqEOpBFikPsOJg1ePrJ5UmXNhKkkoOHDBIMqfldhqdf2FwCa8s_Z1HOV2zeIYFvLRgmXz9U4KO1OkXG-m7nR-lqWJAwOG8cPcOQ0sZaswA37ec&_tn_=%2CO%2CP-R)

## UPDATE – March 16, 2021

The 18 participants who were identified as requiring cataract surgery at the eye camp in Kalikapur, have successfully undergone the procedure at Poornima Netralaya in Jamshedpur. All of the operations conducted were successful, and follow-up consultations have also been arranged. Urjavya Foundation also spoke to the patients about their experience of the procedure to gain feedback. Urjavya thanks Rotary Dalma and the staff members and doctors at Poornima Netralaya for making this achievement possible. The Urjavya Foundation team shall continue to expand its health care umbrella and conduct health camps.



*Some of the beneficiaries pictured post-op at Poornima Netralaya*



*Founder Mr. Kaushik Bhakat speaking to a beneficiary about the procedure*



*Urjavya Foundation and Rotary Dalma team members distributing food items to patients*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid02bPzaJMPqa7JGDCiAQRWiAa9bKux6KinfYMGtUCDzJJpc5Hm2FoEd9JpveuXXQjxil?\\_cft\\_\[0\]=AZWTSkjqm-y6T4WzObyRgQ0CnnwHr9QmV6xqJfEx1wgTReZq88RY9wc13Zuz-fWnSe\\_KToJm-GD1CIGKEUExqe45-cGwQfVYe\\_U9gDVP-TuPDPwX7ZkEVx\\_WxqGjW-fmXgInpwOf59iN9S1ZiFhxMywwpbc9xnqj7fU\\_JUGzNjuDQmJSAkrqqJ8LVGq3nbKIOzw&tn=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid02bPzaJMPqa7JGDCiAQRWiAa9bKux6KinfYMGtUCDzJJpc5Hm2FoEd9JpveuXXQjxil?_cft_[0]=AZWTSkjqm-y6T4WzObyRgQ0CnnwHr9QmV6xqJfEx1wgTReZq88RY9wc13Zuz-fWnSe_KToJm-GD1CIGKEUExqe45-cGwQfVYe_U9gDVP-TuPDPwX7ZkEVx_WxqGjW-fmXgInpwOf59iN9S1ZiFhxMywwpbc9xnqj7fU_JUGzNjuDQmJSAkrqqJ8LVGq3nbKIOzw&tn=%2CO%2CP-R)

## UPDATE – March 21, 2021

To continue the final leg of the health camp follow-ups in Kalikapur, prescription spectacles were handed today to the 21 identified villagers who were confirmed to require them. This concludes the camp-related follow-up activities by Urjavya Foundation. We thank Nayan Jyothi Trust and Rotary Club Dalma for their assistance with resources in this program. We are grateful to Rotarian Ms. Suman, Rotarian Mr. Manas, and Rotarian Ms. Sashwati for making the event a success. We also acknowledge Rotary Club President Rotarian Mr. Murali and DGE Pratim Banerjee for their ongoing assistance and advice.



*Distribution of glasses to some of the beneficiaries*



*Urjavya Founder Mr. Kaushik Bhakat (left) distributing glasses to a beneficiary*



*Beneficiaries with Urjavya Foundation team and Rotary Club Dalma members*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid06MeWD4f2bg9DGi9NTu2MwqyaXEs8t9uTUASrPXPitzbycGKdVbzACkS7vSdAHDrsI?\\_cft\\_\[0\]=AZU\\_sBN170Wgh9ycgcYkam74XyvH8OHMaEQoWD\\_r4M2dFQeF3U4NPh8FDBv4muPX23xQsfG2tnR47oFjsrCNS4zR51myr8JXZ2zsicJiqdqrJ6DXJ2CEtFhJcKhzr38EG8LVUqofAOcNBN4mWb1PVYz6zQgHUYIpFxe0khfNfx6k0-LSK21XtDzRiR6gWga40KE&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid06MeWD4f2bg9DGi9NTu2MwqyaXEs8t9uTUASrPXPitzbycGKdVbzACkS7vSdAHDrsI?_cft_[0]=AZU_sBN170Wgh9ycgcYkam74XyvH8OHMaEQoWD_r4M2dFQeF3U4NPh8FDBv4muPX23xQsfG2tnR47oFjsrCNS4zR51myr8JXZ2zsicJiqdqrJ6DXJ2CEtFhJcKhzr38EG8LVUqofAOcNBN4mWb1PVYz6zQgHUYIpFxe0khfNfx6k0-LSK21XtDzRiR6gWga40KE&_tn_=%2CO%2CP-R)

# Strategic Rotary Club Partnership in Jharkhand

January 27, 2021

## LOCATION

Jharkhand, India.

## PARTNER ORGANIZATIONS

Rotary Club Jamshedpur,  
South Park, Bistupur,  
Jamshedpur, Jharkhand – 831001.

Rotary Club of Bengaluru  
Website: <https://rcb1934.in/>.

In addition to our earlier initiatives in Jharkhand, Urjavya Foundation is delighted to announce that we have entered a strategic partnership with the Rotary Club of Jamshedpur and the Rotary Green City Club Bengaluru to enhance our rural livelihood programs and outreach.

Core members of the Rotary Club of Jamshedpur who were in attendance of the event included President Mr. Murali and his core team – Rotarian Mr. Siddharth, Rotarian Mr. Manas , Rotarian Mr. Anurag and Rotarian Mr. Nitesh. The members visited the Urjavya Foundation center located in Kalikapur, Jharkhand.



*Images from the discussions held between Urjavya Foundation and Rotary Club members*

Our NGO and the visiting Rotarians also paid a courtesy visit to Gram Panchayat Office and committee-run High School. This partnership will ensure we spearhead our programs with more focus and ground connect.



*Founder Mr. Kaushik Bhakat (centre) with visiting members of Rotary Club of Jamshedpur*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid02kJmfwnmGP4mmGDxukqtViSa1WqZLSWp6ArEWd6kGvovFLWFcbBScTb8LUbLARJFU1?\\_cft\\_\[0\]=AZUWtq9Pn7t17\\_0fDdNoTnPMLknMUu7OBW9y-gP2JLtCvc-dv9RloIxqvik46Xs1hchFhIB3V9uydpVRFj0OroZLsHIU2AayJ5iIGrjDp8aAbRKFOYE1G7AHItMT4ya05tEK63hvCame4PJMSohY8roKXqNnJLEmK\\_HrVvrU8hQVuPRuIMGyuU65wB1AD8slCdg&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid02kJmfwnmGP4mmGDxukqtViSa1WqZLSWp6ArEWd6kGvovFLWFcbBScTb8LUbLARJFU1?_cft_[0]=AZUWtq9Pn7t17_0fDdNoTnPMLknMUu7OBW9y-gP2JLtCvc-dv9RloIxqvik46Xs1hchFhIB3V9uydpVRFj0OroZLsHIU2AayJ5iIGrjDp8aAbRKFOYE1G7AHItMT4ya05tEK63hvCame4PJMSohY8roKXqNnJLEmK_HrVvrU8hQVuPRuIMGyuU65wB1AD8slCdg&_tn_=%2CO%2CP-R)

# Mask Distribution in Ranka Aquagreens Apartment

January 28, 2021

## LOCATION

Ranka Aquagreens,  
Harsha Layout Main Road, Kengeri,  
Bengaluru, Karnataka – 560060.

## PARTNER ORGANIZATIONS

White Field Lions Club  
<https://www.whitefieldlionsclub.com/>.

Keeping government-advised protocol in mind, it is vital to ensure that working staff are well-equipped to protect themselves and prevent the spread of COVID-19 in their surroundings.

Keeping this in mind, Urjavya Foundation co-founder Ms. Priyambada undertook a mask distribution drive in Ranka Aquagreens apartment in Kengeri in Bengaluru.



*Mask distribution to a maintenance worker*



*Mask distribution to a security guard*

She distributed masks among all the staff working in the cleaning and maintenance departments, as well as to the security guards and visiting domestic helpers in the apartment. This endeavour was in partnerships with White Field Lions Club.



*Mask distribution among cleaning staff of the apartment*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0bBeaHrLG2LYjahFo4drrA5DtJigbyXs52KxCRuoWakBzBgmcDFoKJRaRWLn3HG2EI?\\_cft\\_\[0\]=AZVxbQ8Rbybul76uAtCsKTtB2Z4Eb-aU5X1VvLw8y911Fgc9t2H6Np4Cvx0DFQ4c7-60qPITIZ81h3SL0gGhJ4YMGwiBbYPg\\_dWAUEmSZb0b4r1a8a5WDNMUdJBoyqSZ6PUrKRRdPEmJs6vZvRjW56u3dxEYAcIY7Ibaz1gddPJhSxON8Oy4kTmvfRintLPozmI&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0bBeaHrLG2LYjahFo4drrA5DtJigbyXs52KxCRuoWakBzBgmcDFoKJRaRWLn3HG2EI?_cft_[0]=AZVxbQ8Rbybul76uAtCsKTtB2Z4Eb-aU5X1VvLw8y911Fgc9t2H6Np4Cvx0DFQ4c7-60qPITIZ81h3SL0gGhJ4YMGwiBbYPg_dWAUEmSZb0b4r1a8a5WDNMUdJBoyqSZ6PUrKRRdPEmJs6vZvRjW56u3dxEYAcIY7Ibaz1gddPJhSxON8Oy4kTmvfRintLPozmI&_tn_=%2CO%2CP-R)

# Leprosy Awareness Blanket Drive in Pune

February 2, 2021

## LOCATION

Pimpri–Chinchwad, Pune – 411017.

## PARTNER ORGANIZATIONS

Sneh Foundation, Pimpri–Chinchwad, Pune.

Website: <https://www.snehfoundationindia.org/>.

Swiss County, Pune

Rhythm Society, Kalewadi Phata,  
Wakad, Pimpri-Chinchwad, Pune – 411057

## BENEFICIARIES

Diseased and differently abled individuals in Pimpri-Chinchwad area of Pune City.

Leprosy, also known as Hansen’s disease, is a chronic bacterial infection that affects around 5 lakh individuals a year in India. Unfortunately, individuals affected by the disease often face discrimination and social stigma which arise from deep-rooted misconceptions and fears surrounding the disease. People living with leprosy are frequently ostracized from their communities due to the misconception that it is highly contagious and incurable. They encounter exclusion and abandonment from family, friends, and society at large which also extends to denial of basic rights, such as access to healthcare, education, employment, and housing. Since before the time of India’s independence, leprosy has been an invisible health scare among the people, despite it being treatable and much less fatal today.

On the account of 30<sup>th</sup> January being World Leprosy Day, Urjavya Foundation aimed to address the stigma associated with the disease and help alleviate the cause of many diseased and differently-abled individuals in the PCMC area of Pune who may not have leprosy but are still faced with discrimination and stigma.

These individuals don't get support of cloths and blankets during chilling winter. Thus, Urjavya partnered with Sneh Foundation, an NGO in Pune, and housing societies of Swiss County and Rhythm Apartment to conduct a blanket donation drive in the area.



*A volunteer pictured at the donation drive*

Urjavya Foundation thanks our volunteers Ms. Namrata and Mr. Kedar from Pune for their active participation in making the donation drive successful.



*Partner organizations' workers and Urjavya volunteer Mr. Kedar donating blankets in PCMC area*



*Ms. Namrata photographed with some of the beneficiaries*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid02jjMZRBeqLXUVgJAxXGbckULUnRifKx9uWScMHMQEKN5KPWL1E7q5X8HzVj8KQeYKI?\\_cft\\_\[0\]=AZU0e2tbn8HQHU46Xy2\\_qpPNfpaB5U7RjQWaizCvzeflCnNiJlB5lSGo0mxVIh6\\_S36M7B3eLJyQR7uSHMqQDwqXqXl3Z-KzvsyoXwnLUNvZ4Jmhel9m81zbXeW6teFhDxAsboD5HLTmmGytsLYDXo93tAflvvbfT1w6x-q0oAYkHxL8rpEctcJ02\\_f5PVQX5bM&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid02jjMZRBeqLXUVgJAxXGbckULUnRifKx9uWScMHMQEKN5KPWL1E7q5X8HzVj8KQeYKI?_cft_[0]=AZU0e2tbn8HQHU46Xy2_qpPNfpaB5U7RjQWaizCvzeflCnNiJlB5lSGo0mxVIh6_S36M7B3eLJyQR7uSHMqQDwqXqXl3Z-KzvsyoXwnLUNvZ4Jmhel9m81zbXeW6teFhDxAsboD5HLTmmGytsLYDXo93tAflvvbfT1w6x-q0oAYkHxL8rpEctcJ02_f5PVQX5bM&_tn_=%2CO%2CP-R)

# Sanitary Napkin and Mask Drive in La Residentia

February 6, 2021

## LOCATION

La Residentia Apartment,  
Amrapali Dream Valley, Noida, U.P. – 201009.

## PARTNER ORGANIZATIONS

World of Women (WOW) Foundation,  
No.13, 3D Main Road,  
J.P. Nagar, 1st Phase, Bengaluru – 560078  
Website: <https://worldofwomen.in/>

## BENEFICIARIES

Workers and staff working in La Residentia apartment in Greater Noida.

In India, the conversation around menstruation is often shrouded by outward social stigma, cultural taboos and misinformation regarding women's health. The lack of awareness about women's health is further exacerbated by a lack of access to appropriate menstrual hygiene products and sanitation facilities. Although the outlook on talking openly about menstruation is changing, there are still steps to be taken in this direction. Urjavya Foundation has endeavoured to improving awareness about such issues through our umbrella initiative of Women Empowerment. In ongoing efforts under this program, we recently conducted a sanitary napkin and mask distribution drive among female cleaning and maintenance staff working in La Residentia apartment in Greater Noida.



*Some of the staff members attending the drive*

This drive was conducted in partnership with World of Women (WOW), an NGO focusing on improving women's lives through interventions on physical, mental and financial well-being. Courtesy of their participation, sanitary napkins were distributed by Urjavya volunteers among all the house help, cleaners and guards working in the apartment.



*Volunteers and a beneficiary pictured during mask distribution*

Urjavya Foundation has even organized a workshop about menstrual hygiene and the usage of appropriate and safe modes of menstruation. The beneficiaries from this program were numbered at more than 100 men and women. Circle, an online news-sharing company based on local networking, also posted an article about the drive.



*Screenshot of the article on Circle*

Urjavya Foundation is thankful to its volunteers Ms. Ekta Jain, Ms. Navneet Jain, Ms. Deepti Sharma, Ms. Mona Shah, Mr. Vijay Shah, Ms. Kavita Jha and Ms. Sugandha Thakur for making the drive successful.



*Beneficiary women pictured during the sanitary napkin distribution*



*Security guard receiving a mask from a volunteer*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid09mkbSXYhTpPhZk9sXu5FRuRCtyde7hB4A1a79sE73rXX93CaH3kyQBtSyMuSbii81?\\_cft\\_\[0\]=AZU-PGZL4bcdKZ2HITk2K5V0aIm2QEbMHW0NC0k8oVRCatq4l05N4IfFsroQsqDIW0bSrHlNgJNjqiO6HFx0EJaunTYufVHGG5fJowxFKjkI0FBVUhQC5m0LLpPbRkijZL0Z0ma8Ml\\_dqZvqpT-gysQAGSP96ZuqxsVz2Wg02oHA9FuVXeM1KedeNhLtdn0ocUc&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid09mkbSXYhTpPhZk9sXu5FRuRCtyde7hB4A1a79sE73rXX93CaH3kyQBtSyMuSbii81?_cft_[0]=AZU-PGZL4bcdKZ2HITk2K5V0aIm2QEbMHW0NC0k8oVRCatq4l05N4IfFsroQsqDIW0bSrHlNgJNjqiO6HFx0EJaunTYufVHGG5fJowxFKjkI0FBVUhQC5m0LLpPbRkijZL0Z0ma8Ml_dqZvqpT-gysQAGSP96ZuqxsVz2Wg02oHA9FuVXeM1KedeNhLtdn0ocUc&_tn_=%2CO%2CP-R)

### **UPDATE – March 13, 2021**

Another lap of sanitary napkin and mask distribution were conducted at La Residentia apartment. In collaboration with WOW (World of Women Foundation), Urjavya Foundation distributed sanitary napkins to all of the maids, cleaning staff, and security guards working in the apartment. A session has also been organised to educate them on menstrual hygiene and correct methods to ensure healthy menstruation.

More than 60 people have benefited from this programme. Urjavya thanks volunteers Ms. Ekta Jain, Ms. Navneet Jain, Ms. Deepti Sharma, and Ms. Sugandh. We also thank Mrs. Nirmala Nayak, founder of WOW, for providing the resources that made this drive possible.



*Some beneficiaries arriving at the drive*



*Images of resources and attendees from the drive*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0dR4t8qNQDUH4dLc\\_bB3ZSrKAC7Horo93e1Rv7DRDNoav6zMqEBvWLKwH5a89Vmq1DI?\\_cft\\_\[0\]=AZ\\_UgSWpeP0tnaPl5sx8k9yvTkXxoakiVTknqDIIdDF-dfkGprjzgvhZPBC-d8BkrRY1O4At0JNoIJsIm9Us4v7Y3TL3\\_KyzGxJxb0nQtWIoFUwMmi04QTsNp25nSj1eqKo8LwVssOlQ-zRmznXsLQq55oYEHDpID8oAFJkRiTvtZcjFDczJ5vNs88bd8gNjGi25k&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0dR4t8qNQDUH4dLc_bB3ZSrKAC7Horo93e1Rv7DRDNoav6zMqEBvWLKwH5a89Vmq1DI?_cft_[0]=AZ_UgSWpeP0tnaPl5sx8k9yvTkXxoakiVTknqDIIdDF-dfkGprjzgvhZPBC-d8BkrRY1O4At0JNoIJsIm9Us4v7Y3TL3_KyzGxJxb0nQtWIoFUwMmi04QTsNp25nSj1eqKo8LwVssOlQ-zRmznXsLQq55oYEHDpID8oAFJkRiTvtZcjFDczJ5vNs88bd8gNjGi25k&_tn_=%2CO%2CP-R)

## UPDATE – March 14, 2021

In continued partnership with Rotary Club Dalma and WOW (World of Women Foundation), sanitary napkins and masks were distributed at Government High School in Jamshedpur, Jharkhand. Female students and attendees were given free sanitary napkins. A talk on menstrual hygiene was also delivered. Urjavya Foundation thanks Rotarian Ms. Sashwati, Rotarian Murali, and the entire team of volunteers who made this drive possible.



*Distribution of sanitary napkins to the students*



*WOW Members giving a talk to the students about menstrual hygiene*

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid081KE7NAW1dBCy2aca63B5LcroRvU4VDNN1UUSWzquuVGGhLDcL9XJ3Pif7QahJFU1?\\_cft\\_\[0\]=AZWcbYQ-NI0Sm\\_JvnUIAdPrf-hTiUxnL4FDdasq8UNt6w2vYjopoPpAd1qBelBiegpZnydd5kdL\\_Qoc1VQy\\_bF1IOyFp4-xqQf5tDKYyYL3\\_ayBRAP3la8Bj8B9tYoWW5Wqj7\\_xRJv0oN\\_0XjnvAOZOnFznVp6aWtH49s28DHJaPW86n9hqyoB\\_jeTph7Hqh5-g&\\_tn=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid081KE7NAW1dBCy2aca63B5LcroRvU4VDNN1UUSWzquuVGGhLDcL9XJ3Pif7QahJFU1?_cft_[0]=AZWcbYQ-NI0Sm_JvnUIAdPrf-hTiUxnL4FDdasq8UNt6w2vYjopoPpAd1qBelBiegpZnydd5kdL_Qoc1VQy_bF1IOyFp4-xqQf5tDKYyYL3_ayBRAP3la8Bj8B9tYoWW5Wqj7_xRJv0oN_0XjnvAOZOnFznVp6aWtH49s28DHJaPW86n9hqyoB_jeTph7Hqh5-g&_tn=%2CO%2CP-R)

# Grocery Distribution Among Individuals With Leprosy

February 9, 2021

## LOCATION

Nava Jeevana Nilaya,  
Marathahalli, Bengaluru – 560037.

## PARTNER ORGANIZATIONS

White Field Lions Club  
<https://www.whitefieldlionsclub.com/>

Youth For Seva,  
Konanakunte, Bengaluru – 560062

## BENEFICIARIES

Individuals with leprosy living in Nava Jeevana Nilaya.

Leprosy affects around 5 lakh individuals a year in India. Those affected by the condition frequently endure discrimination and societal stigma due to misconceptions and anxieties. To recognise this issue, Nava Jeevana Nilaya is a housing entity in Bengaluru that accommodates patients of leprosy and provides them with resources to comfortably tackle the disease. On account of World Leprosy Day, Urjavya Foundation conducted a donation drive for the leprosy patients living in Nava Jeevana Nilaya. Multiple grocery kits, masks and medical equipment were donated, courtesy of White Field Lions Club who sponsored the resources. Urjavya Foundation also thanks Lion Mr. George and Lion Ms. Gigy for volunteering at the event location.



*Urjavya Founder Mr. Kaushik Bhakat donating kits to a beneficiary*



*Some beneficiaries and volunteers pictured at the donation drive*



*Beneficiaries pictured with members of Urjavya Foundation, YFS and Lions Club*

Urjavya Foundation is also thankful to Youth For Seva volunteers Ms. Jayathi and Mr. Vishruth for coordinating the event and making it successful.

Facebook URL:

[https://www.facebook.com/UrjavyaFoundation/posts/pfbid02T5wNrQSEPagwTTqt5yV1dBrhp6tfQXXazh4j4w3m24P3ZsCdvqo3Ehw8YUrMQzRel?\\_cft\\_\[0\]=AZV50Jl2h6yChqXU\\_oDfQ3NZ\\_UdQ-bDhGbwWyfaDWdCKws2vXFAVyuSGJ-fMvZOFEA-eqEnzgS3EZQnvsdRXX57LPv-iyQPv\\_jX03lp60uOIV84jQwOUne1mqCUrzhYfHUHCE3Q3uk-d5MIn0mWjzzIY\\_srW-bVupp1MftnMGbyslDorw2vSSFpJ03dpQZknBU0&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid02T5wNrQSEPagwTTqt5yV1dBrhp6tfQXXazh4j4w3m24P3ZsCdvqo3Ehw8YUrMQzRel?_cft_[0]=AZV50Jl2h6yChqXU_oDfQ3NZ_UdQ-bDhGbwWyfaDWdCKws2vXFAVyuSGJ-fMvZOFEA-eqEnzgS3EZQnvsdRXX57LPv-iyQPv_jX03lp60uOIV84jQwOUne1mqCUrzhYfHUHCE3Q3uk-d5MIn0mWjzzIY_srW-bVupp1MftnMGbyslDorw2vSSFpJ03dpQZknBU0&_tn_=%2CO%2CP-R)

# Blood Donation Drive in Kalikapur, Jharkhand

February 6, 2021

## LOCATION

Kalikapur, East Singhbhum, Jharkhand – 832102.

## PARTNER ORGANIZATIONS

Rotary Club of Jamshedpur Dalma  
Jamshedpur, Jharkhand – 831001.

Website: <https://rid3250.rotaryindia.org/ClubFinderDetail.aspx?grp=2693>

World of Women (WOW),  
No.13, 3D Main Road,  
J.P. Nagar, 1st Phase, Bengaluru – 560078

Website: <https://worldofwomen.in/>

## BENEFICIARIES

Residents of Kalikapur and surrounding areas of Jharkhand.

Blood donation holds immense importance as it serves as a lifeline for countless individuals in need. The act of donating blood plays a crucial role in saving lives, particularly in emergencies, surgeries, and treatments for various medical conditions. India faces a constant challenge of meeting the demand for blood due to a growing population and the prevalence of diseases requiring regular blood transfusions. By donating blood, individuals contribute to the noble cause of ensuring a steady supply of safe and healthy blood for those in critical need.

In order to promote this cause, Urjavya Foundation organised a blood donation drive in our office in Kalikapur. The main objective of the event was to create awareness among rural masses about the need for blood donation. This drive was also conducted in association with the Rotary Club of Jamshedpur Dalma, who contributed through their organizational efforts. A joint workshop on menstrual hygiene and awareness was also scheduled in the same location and conducted adjacently with the blood drive, in associated with World of Women who contributed sanitary napkins and masks and provided logistical efforts for the event. Gram Pradhan Mr. Subol Bhakat and rotarian Ms. Alpa Parekh lit the inaugural lamp as sign of formal commencement of the joint event.



refreshments, and attendees of the menstrual hygiene workshop receiving free sanitary napkins.



*Members of World of Women pictured with the event banner*



*Donors at the blood donation camp*



*Sanitary napkin distribution among attendees of the workshop*

The blood donation and menstrual hygiene drive help in potent awareness regarding issues of health and hygiene in India. Urjavya Foundation is thankful to volunteers Mr. Jayadeep and Mr. Abhik, and associated partners who made the event fruitful.

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid027WhVAsKt9ZMpnsidsMowhGNxFxA4pgvoyC4CHfowZr2dsNZKKiD2r1nYLZ4nSRxel?\\_cft\\_\[0\]=AZVdsxiqofj1AkD0gKzDqTitPpuUicbugDbauPBZVGNWNNZkG7t\\_5zxlBlwIUGn\\_PDuZh--rulFhId\\_6aJs1g6QCMJOoINaZie28uul4Jms5YcCC03AV7nTNVhTN4kOX\\_HdQDvoxxvBxhHXehSpq1tNF6FnH-mENZopt5vk8qfY9llRRetcMxEjOyKmrku2-yhw&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid027WhVAsKt9ZMpnsidsMowhGNxFxA4pgvoyC4CHfowZr2dsNZKKiD2r1nYLZ4nSRxel?_cft_[0]=AZVdsxiqofj1AkD0gKzDqTitPpuUicbugDbauPBZVGNWNNZkG7t_5zxlBlwIUGn_PDuZh--rulFhId_6aJs1g6QCMJOoINaZie28uul4Jms5YcCC03AV7nTNVhTN4kOX_HdQDvoxxvBxhHXehSpq1tNF6FnH-mENZopt5vk8qfY9llRRetcMxEjOyKmrku2-yhw&_tn_=%2CO%2CP-R)

# Kalikapur Agriculture Pilot Project Commencement

March 5, 2021

## LOCATION

Kalikapur, East Singhbhum, Jharkhand – 832102.

## BENEFICIARIES

Villagers residing in Kalikapur.

Urjavya Team has begun a pilot initiative to assist villagers in Jharkhand at the grassroots level by fostering education and awareness of schemes and skills that they can avail for their benefit. Along with two identified villagers from Kalikapur, our volunteers visited agricultural and veterinary officials as well as the Block office to learn about the various government programmes for rural upliftment. They also received information on programmes such as free soil testing, using tools, goat husbandry, fishing, pig farming, and poultry farming. Urjavya Foundation thanks its ground volunteers for their assistance to the villagers.



*Villagers with Urjavya Foundation volunteers at the Block office*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid03T8rYM6n8CF1r9VjuQrGW2eeFBaggFzr8m5R1E5WxWe4Yo7WgefCvnyKc7UQC861?\\_cft\\_\[0\]=AZWEoyQQaVYU1Ct4Fx4rVFwYr3OD9gAA6V1fiFGMA65QanVjXxBe7EAkLFch99XvMSF5YYcD3YV-mVwdahfqBvaT8SHuDkTl59d8BmF1XvJ35IsKbYf-at9Rw1NYyLB\\_f1DB-qKY4xCSBckZwcPghJ0FHU7avjhe\\_lw-VUVYdP7\\_jyekah4aTMX0IbB8loLRco&\\_tn\\_=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid03T8rYM6n8CF1r9VjuQrGW2eeFBaggFzr8m5R1E5WxWe4Yo7WgefCvnyKc7UQC861?_cft_[0]=AZWEoyQQaVYU1Ct4Fx4rVFwYr3OD9gAA6V1fiFGMA65QanVjXxBe7EAkLFch99XvMSF5YYcD3YV-mVwdahfqBvaT8SHuDkTl59d8BmF1XvJ35IsKbYf-at9Rw1NYyLB_f1DB-qKY4xCSBckZwcPghJ0FHU7avjhe_lw-VUVYdP7_jyekah4aTMX0IbB8loLRco&_tn_=%2CO%2CP-R)

## UPDATE – March 7, 2021

With the goal to continue mapping a path for encouraging micro-entrepreneurship in agriculture at the village level, the Urjavya Foundation Team visited the Department of Veterinary and Animal Husbandry of Birsa Agriculture University in Ranchi, Jharkhand.



*Urjavya Foundation team at Birsa Agricultural University*

We met with faculty and students at the university to discuss knowledge transfer programmes with them. We even encouraged the university students to work with us as interns to promote rural livelihood projects.



*Urjavya Foundation team visiting the agricultural repository of the university*



*Students at the University with whom discussions were held*



*Founder Mr. Kaushik Bhakat pictured at the animal enclosure at the university*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid0LLXqXsZdk4jFgw3R6jZXSURHUKfgExZTaFjPfaCekuPhFV8QPr3GXibRTVbZCvXjjl?\\_cft\\_\[0\]=AZVL1nW3Tl2X2nk9BekegJaluYTGiNUS1aTKYdihRv48SXFOZrJoBuyObjKCCGnZHTzkJpiXLmEAbfF3b0fJp\\_dMTPQ57EwjuRfgcLk-7-LD9U2dMB\\_xskt652BmTBHWKsI3xVBVRB9TEMJOJgurhxHT\\_yjZHrpmsfX8dNIENQUS8iBdf412NINtKxrNYxkCpl&\\_tn=%2CO%2CP-R](https://www.facebook.com/UrjavyaFoundation/posts/pfbid0LLXqXsZdk4jFgw3R6jZXSURHUKfgExZTaFjPfaCekuPhFV8QPr3GXibRTVbZCvXjjl?_cft_[0]=AZVL1nW3Tl2X2nk9BekegJaluYTGiNUS1aTKYdihRv48SXFOZrJoBuyObjKCCGnZHTzkJpiXLmEAbfF3b0fJp_dMTPQ57EwjuRfgcLk-7-LD9U2dMB_xskt652BmTBHWKsI3xVBVRB9TEMJOJgurhxHT_yjZHrpmsfX8dNIENQUS8iBdf412NINtKxrNYxkCpl&_tn=%2CO%2CP-R)

## Discussions at Ramakrishna Ashram in Ranchi

March 7, 2021

### LOCATION

Ramakrishna Mission Ashrama,  
Morabadi, Ranchi, Jharkhand – 834008.

### PARTNER ORGANIZATIONS

Ramakrishna Mission Ashrama,  
Morabadi, Ranchi, Jharkhand – 834008.

Website: <https://www.rkmranchi.org/>

The Urjavya Foundation Team recently met Swamy Ishwaranand (Head of Vocational Training and Skills) At Ramakrishna Ashram in Ranchi, Jharkhand. We held discussions on various livelihood projects to meet the need for mapping rural demographics. Swamiji agreed to support us in introducing training programmes to villages in order to accelerate and scale up skilling.



*Urjavya Foundation members with Swamy Ishwaranand in Ranchi*

With the assistance of Ramakrishna Ashram, Urjavya Foundation will shortly launch custom and part-time training programmes in beekeeping, goat farming, fishing, agriculture, horticulture, and vermicomposting. Urjavya Foundation

thanks and recognises Mr. Ashok Vidyarthi, Ex Head of Town Administration and Technical Assistant to the GM at Tata Steel for mentoring our Jharkhand projects.

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### UPDATE – March 15, 2021

To continue the discussion on mapping rural demography, Urjavya Foundation team visited with Dr Shubhra Dwivedi in Jharkhand. She is the founder of Seeds, a grass-roots social organisation dedicated to the wellbeing of the rural population. We talked about numerous livelihood projects and awareness about government programmes. Urjavya Foundation and Seeds look towards collaborating on projects in rural Jharkhand.



*Ms. Shubhra Dwivedi with Urjavya Foundation team and Urjavya founder Mr. Kaushik Bhakat (far left)*

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[https://www.facebook.com/UrjavyaFoundation/posts/pfbid023ARe4t5zp62RkBA YCfYAbS8yjWMMxX8vfd36GeppyXHqAMnSf4x9wC7gHptWLZvYI?\\_cft\\_\[0\]=AZUA5\\_weDHHP2RgcHPNJZx9WnswEUe9y9Na0i2tU9N7ZD6qiL09YPCYD3QtXa0olAhnVdVIS8oCdGPNzhvcyMVvL3U26\\_yuFWN\\_DfJDeAO-TCzII5dRckrartlgklZ4oeA&\\_tn=%2CO\\*F](https://www.facebook.com/UrjavyaFoundation/posts/pfbid023ARe4t5zp62RkBA YCfYAbS8yjWMMxX8vfd36GeppyXHqAMnSf4x9wC7gHptWLZvYI?_cft_[0]=AZUA5_weDHHP2RgcHPNJZx9WnswEUe9y9Na0i2tU9N7ZD6qiL09YPCYD3QtXa0olAhnVdVIS8oCdGPNzhvcyMVvL3U26_yuFWN_DfJDeAO-TCzII5dRckrartlgklZ4oeA&_tn=%2CO*F)

## Differently Abled Individuals Pilot Initiative

March 23, 2021

### LOCATION

Potka, East Singhbhum, Jharkhand – 831002.

### PARTNER ORGANIZATIONS

CDPO Office, East Singhbhum.

### BENEFICIARIES

Mr. Prakash Koiborto, resident of Potka area in East Singhbhum. Differently abled people face significant barriers that hinder their acceptance in society. A more equitable and just society for all involves recognizing and empowering them. Urjavya Foundation worked with the District Disability Welfare Officer and CDPO office in Potka to present a tricycle to Mr. Prakash Koiborto, a differently-abled resident, and to help the beneficiary's parents file PwD certificates and other paperwork. We shall continue advocating for differently abled rights, promote inclusivity, and provide essential services.



*Mr. Prakash Koiborto, his parents and Urjavya Foundation team member*

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**Phone:** +91 074831 18485

**Email:** [urjavyafoundation@gmail.com](mailto:urjavyafoundation@gmail.com)

**Facebook:** <https://www.facebook.com/UrjavyaFoundation/>

**LinkedIn:** <https://www.linkedin.com/company/urjavya-foundation/>

136 A,  
Kalikapur, Jharkhand – 832102

KSDB Quarters, Kaveri Layout, 1, KSRP Campus,  
Amrita Nagar, Choodasandra, Bengaluru, Karnataka – 560035